

## ORIGINAL PAPER

# Repetitions of fundamental research models for homeopathically prepared dilutions beyond $10^{-23}$ : a bibliometric study

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**Introduction:** Repeatability of experiments is an important criterion of modern research and a major challenge for homeopathic basic research. There is no recent overview about basic research studies in high homeopathic potencies that have been subjected to laboratory-internal, multicenter or independent repetition trials.

**Methods:** We considered biochemical, immunological, botanical, cell biological and zoological studies on high potencies, i.e. beyond a dilution of  $10^{-23}$ . Main sources of information were reviews, personal contact with members of the homeopathic basic research community, and the MEDLINE and HOMBREX databases. Studies were extracted from the publications and grouped into models. Studies were further sorted according to repetition type (laboratory-internal, multicenter, or independent) and results achieved.

**Results:** A total of 107 studies were found. Of these, 30 were initial studies. In the attempt to reproduce one of these initial studies, 53 follow-up studies yielded comparable effects (35 laboratory-internal, 8 multicenter, 10 independent repetitions), eight studies showed a consistent, yet different result from the initial study (2 laboratory-internal, 2 multicenter, 4 independent repetitions), and 16 studies yielded no effects (5 laboratory-internal, 2 multicenter, 9 independent repetitions). When all repetitive studies are considered, 69% reported effects comparable to that of the initial study, 10% different effects, and 21% no effects. Independently performed repetition studies reported 44% comparable effects, 17% different effects, and 39% no effects.

**Conclusions:** We identified 24 experimental models in basic research on high homeopathic potencies, which were repeatedly investigated. 22 models were reproduced with comparable results, 6 models with different results, and repetition showed no results for 15 models. Independent reproductions with either comparable or different results were found for seven models. We encourage further repetition trials of published studies, in order to learn more about the model systems used and in order to test their repeatability. *Homeopathy* (2010) 99, 25–36.

**Keywords:** review; basic research; homeopathy; potentisation; ultra high dilutions

## Introduction

Repeatability of experiments is one of the main features of deterministic systems. Scientists therefore routinely investigate experimental reproducibility to identify such systems. One of the main questions of basic research into homeopathic preparations is whether the effects of the latter are deterministic in their very nature or not.<sup>1,2</sup>

This publication therefore tries to give an overview of fundamental biochemical and biological studies that used high homeopathic potencies, and that have been subjected to laboratory-internal, multicenter or independent repetition trials. In other words, physicochemical or clinical studies were not included, nor studies on dilutions below  $10^{-23}$ , nor studies in relation to which no attempt of repetition has been found in literature.

With regard to their importance for scientific research in ultra high dilutions and homeopathy, *internal* repetitions (from the same laboratory or working group), multicenter trials (as a rule centrally organized multicenter approaches with team authorship publications) and *external* repetitions (i.e. an independent researcher in an independent laboratory with an independent publication) were considered. To perform this overview classification, a certain broadness of clusters concerning methodological details of the studies concerned was necessary (see below [Methods](#)).

## Methods

### Literature search

Sources of information were reviews,<sup>1–11</sup> personal contact with members of the homeopathic basic research community, and the MEDLINE ([www.pubmed.gov](http://www.pubmed.gov)) and HOMBREX ([www.carstens-stiftung.de](http://www.carstens-stiftung.de)) databases. Allowed literature sources were publications (in peer-reviewed and not peer-reviewed journals, book chapters and books) and theses. Although we have done all that is practical to identify relevant studies, the annotated bibliography presented here does not claim to be exhaustive.

### Inclusion criteria

We included biochemical, immunological, botanical, cell biological and zoological studies on high potencies, i.e.  $\geq 12c$  or  $24x$ . Studies published after 1940 had to report evaluation of results by statistical methods (minimum requirement: mean or median, number  $[n]$  of samples, standard deviation or standard error, OR number  $n$  of samples, level of significance of a statistical test). Results reported, i.e. differences between potency and control group, were statistically significant or not significant.

To be included the experiment had to have been repeated. Repetition was formally defined by identifying either at least two publications with independent authorship (dealing with the same experimental model, see below), or at least one publication reporting on a multicenter trial (independent experiments in different locations/laboratories, organized by one study coordinator), or at least two publications by the same initial working group, including a follow-up trial of an initial publication (internal repetition).

Furthermore, a repetition was defined by the use of one and the same experimental model (e.g. algae *Chlorella*) and one and the same potentized substance (e.g. copper sulfate). Within these clusters, however, some differences were accepted both in the model (e.g. the use of *Chlorella vulgaris* or *Chlorella pyrenoidosa*), in the potency level (e.g.  $25x$  or  $30x$ ) and potency type (centesimal (c) or decimal (x)) and in the nature of the control (e.g. unsuccessful, succeeded, potentized, or type not mentioned).

One and the same publication could refer to the results of more than one study. Specifically for multi-centre trials, the number of studies corresponds to the number of independent experiments in different locations/laboratories. We extracted all studies from the included publications and grouped them into experimental models (see above). Studies were further sorted according to results achieved (consistent/different/none) as well as repetition type (within-laboratory/multicenter/independent).

Studies were sorted according to the results achieved as follows:

1. *Initial* studies that have meanwhile led to follow-up studies.
2. Repeated studies referring to (1), the results of which were *consistent* with (1), i.e. where a *comparable* effect (in the same direction, e.g. enhancing growth) was found.
3. Repeated studies referring to (1), the results of which were statistically significant, but *different* from (1), i.e. when effects were *different* in direction (e.g. decreasing instead of increasing).
4. Repeated studies referring to (1), the results of which were not statistically significant, i.e. where *no* effect was found.

Study types 1–4 were furthermore classified according to repetition type:

- A. Studies that have essentially been performed by one researcher or one working group ('initial working group studies'). When the name of that person could not be identified from the publication, the first author's name was mentioned. This category also includes repetitions by one and the same researcher and successive repetitions by different researchers in one and the same laboratory.
- B. Multicenter studies, i.e. studies that were centrally organized, but carried out by various researchers in different laboratories, normally leading to a team authorship publication.
- C. Independent repetitions, i.e. studies that were carried out in an independent laboratory, organized independently from the initial laboratory.

## Results

[Table 1](#) classifies the identified investigations according to the results achieved (comparable, different, no effect) and the type of repetition (internal, multicenter, independent). Basically, a total of 24 *models* were concerned<sup>12–98</sup>. In 85 *publications*,<sup>12–60,62–95,97,98</sup> a total of 107 *studies* were found: one publication could refer to the results of more than one study. Two further publications<sup>61,96</sup> provided additional details to other publications.<sup>62,95</sup>

**Table 1** Repeated fundamental research studies into homeopathically prepared dilutions beyond 10<sup>-23</sup>. Studies were classified according the results achieved (comparable, different, no effect) and the type of replication (internal, multicenter, independent trial). Multicenter studies were listed separately for the centres involved. The name of the researcher is mentioned when it could be identified from the publication, otherwise the first author's name is referred to

Model no.	Workgroup	1: Initial study	2: Repetition	3: Repetition	4: Repetition
			Comparable effect	Different effect	Zero effect
<b>1. Biochemistry: enzyme diastase &amp; mercury chloride</b>					
A	Primary	Persson <sup>12</sup>			
B	Multicenter				
C	Independent			Boyd <sup>82</sup>	Bluth <sup>88</sup>
<b>Summary: increase or decrease of enzyme reaction in 2 out of 3 studies</b>					
<b>2. Biochemistry: enzyme acid phosphatase &amp; ubiqinone</b>					
A	Primary	Harisch <sup>13</sup>	Harisch <sup>36</sup>		
B	Multicenter				
C	Independent				
<b>Summary: decrease of enzyme reaction in both studies</b>					
<b>3. Biochemistry: enzyme acid phosphatase &amp; cAMP</b>					
A	Primary	Harisch <sup>14</sup>	Harisch <sup>37</sup>		
B	Multicenter				
C	Independent				
<b>Summary: decrease of enzyme reaction in both studies</b>					
<b>4. Biochemistry: enzyme alpha amylase &amp; mercury chloride</b>					
A	Primary	Sukul <sup>15</sup>			
B	Multicenter				
C	Independent				Bluth <sup>88</sup>
<b>Summary: increase of enzyme reaction in the initial study only</b>					
<b>5. Cultured mammalian cells: neuroblastoma cells &amp; tumour necrosis factor alpha</b>					
A	Primary	Carmine <sup>16</sup>			
B	Multicenter				
C	Independent				Herberth <sup>89</sup>
<b>Summary: increase of H<sub>2</sub>O<sub>2</sub> production in the initial study only</b>					
<b>6. Plants: algae chlorella &amp; copper sulphate</b>					
A	Primary	Graviou <sup>17</sup>			
B	Multicenter				
C	Independent				Moss <sup>90</sup>
<b>Summary: growth stimulation of poisoned algae in the initial study only</b>					
<b>7. Plants: wheat seedlings &amp; silver nitrate</b>					
A	Primary	Kolisko <sup>18</sup>			
B	Multicenter		Pongratz <sup>39</sup> Nograsedk <sup>39</sup> Pongratz <sup>38</sup>		Ender <sup>39</sup>
C	Independent				
<b>Summary: increase of stalk growth in 4 out of 5 studies</b>					
<b>8. Plants: arsenic poisoned wheat seedlings &amp; <i>Arsenicum album</i></b>					
A	Primary	Betti <sup>19</sup>	Brizzi <sup>40,41</sup>		
B	Multicenter		Nani <sup>42</sup>		
C	Independent			Binder <sup>83</sup> Lahnstein <sup>84</sup>	Lahnstein <sup>84</sup>
<b>Summary: Betti/Brizzi/Nani: stimulation of growth and germination rate, decrease of variance; Binder/Lahnstein: decrease of growth and germination rate, increase of variance</b>					
<b>9. Plants: dwarf peas &amp; gibberellic acid</b>					
A	Primary	Baumgartner <sup>20</sup>	Baumgartner <sup>43</sup>	Baumgartner <sup>43</sup>	Baumgartner <sup>43</sup>
B	Multicenter				
C	Independent				
<b>Summary: growth increase for certain harvest lots</b>					
<b>10. Plants: wheat seedlings &amp; gibberellic acid</b>					
A	Primary	Pfleger <sup>21</sup>	Hofäcker <sup>44</sup> Reich <sup>45</sup>		
B	Multicenter			Reischl <sup>86</sup> Thieves <sup>85</sup>	
C	Independent				
<b>Summary: decrease of stalk growth in autumn, increase in winter experiments</b>					
<b>11. Isolated immune cells: basophils &amp; antiserum against IgE</b>					
A	Primary	Davenas <sup>22</sup>	Benveniste <sup>46</sup>		
B	Multicenter				
C	Independent				Ovelgönne <sup>91</sup> Hirst <sup>92</sup>
<b>Summary: reduction of degranulation in 2 out of 4 studies</b>					

(continued on next page)

Table 1 (continued)

Model no.	Workgroup	1: Initial study	2: Repetition	3: Repetition	4: Repetition
			Comparable effect	Different effect	Zero effect
<b>12. Isolated immune cells: basophils &amp; <i>Apis mellifica</i></b>					
A	Primary	Poitevin <sup>23</sup>	Poitevin <sup>47</sup> Benveniste <sup>46</sup>		
B	Multicenter				
C	Independent				
<b>Summary: reduction of degranulation in all studies</b>					
<b>13. Isolated immune cells: basophils &amp; histamine</b>					
A	Primary	St. Laudy <sup>24</sup>	St. Laudy <sup>48-52</sup> St. Laudy <sup>53</sup> Ennis <sup>53</sup> Mannaioni <sup>53</sup> Brown <sup>54</sup> Lorenz <sup>55,56</sup> Chirumbolo <sup>57</sup>	St. Laudy <sup>87</sup>	Wiegant <sup>53</sup>
B	Multicenter				
C	Independent			Lorenz <sup>56</sup>	Guggisberg <sup>98</sup>
<b>Summary: inhibition of degranulation in 13 out of 17 studies</b>					
<b>14. Isolated immune cells: lymphocytes &amp; <i>Phytolacca americana</i></b>					
A	Primary	Colas <sup>25</sup>			
B	Multicenter				
C	Independent				Bildet <sup>93</sup>
<b>Summary: decrease of lymphocyte reaction in the initial study only</b>					
<b>15. Isolated immune cells: lymphocytes &amp; N-methyl-N'-nitro-N-nitrosoguanidine</b>					
A	Primary	Francis <sup>26</sup>			Anderson <sup>94</sup>
B	Multicenter				
C	Independent				
<b>Summary: decrease of lymphocyte reaction in the first study only</b>					
<b>16. Isolated organs: rat intestine contraction &amp; <i>Atropa belladonna</i> or atropine sulfate</b>					
A	Primary	Cristea <sup>27</sup>			
B	Multicenter		Schmidt <sup>58</sup> Radau <sup>59</sup> Michael <sup>60</sup>		
C	Independent				
<b>Summary: increase or decrease of contraction at different potency levels in all studies</b>					
<b>17. Animals: amphibian metamorphosis &amp; thyroxin or <i>Thyroidinum</i></b>					
A	Primary		Welles <sup>63</sup> Pongratz <sup>63</sup> Suanjak <sup>63</sup> Zausner <sup>62</sup> Pongratz <sup>62</sup> Lassnig <sup>62</sup> Guedes <sup>64</sup>		Weber <sup>63</sup>
B	Multicenter	Endler <sup>28</sup> Pongratz <sup>28</sup> van Wijk <sup>28</sup>			
C	Independent				
<b>Summary: decrease of metamorphosis speed in 10 out of 11 studies</b>					
<b>18. Animals: amphibian metamorphosis &amp; thyroxin sealed in glass vials</b>					
A	Primary		Hermann <sup>65</sup>		Dieterle <sup>95</sup>
B	Multicenter	Endler <sup>30</sup> Waltl/Gehrer <sup>30</sup> Pongratz <sup>30</sup> Vinattieri <sup>30</sup> Hilgers <sup>30</sup>			
C	Independent				
<b>Summary: decrease of metamorphosis speed in 6 out of 7 studies</b>					
<b>19. Animals: frog climbing activity &amp; thyroxin</b>					
A	Primary	Endler <sup>29</sup>	Pongratz <sup>66</sup>		
B	Multicenter				
C	Independent				
<b>Summary: decrease of climbing activity in both studies</b>					
<b>20. Animals: arsenic trioxide poisoned mice &amp; <i>Arsenicum album</i></b>					
A	Primary	Mitra <sup>31</sup>	Mitra <sup>67</sup> Datta <sup>68</sup> Kundu <sup>69</sup> Mallick <sup>70</sup> Banerjee <sup>71-73</sup>		
B	Multicenter				
C	Independent				
<b>Summary: stimulation of damage repair in all studies</b>					

Table 1 (continued)

Model no.	Workgroup	1: Initial study	2: Repetition	3: Repetition	4: Repetition
			Comparable effect	Different effect	Zero effect
<b>21. Animals: mercury poisoned mice &amp; mercury</b>					
A	Primary	Larue <sup>32</sup>	Cal <sup>76</sup> Larue <sup>74,75</sup>		
B	Multicenter				
C	Independent				
<b>Summary: protection effect in all studies</b>					
<b>22. Animals: carbon tetrachloride poisoned mice &amp; Phosphorus</b>					
A	Primary	Bildet <sup>33</sup>			
B	Multicenter				
C	Independent		Andresen <sup>77</sup>		
<b>Summary: protection effect in both studies</b>					
<b>23. Animals: lead poisoned rats &amp; Plumbum metallicum</b>					
A	Primary	Fisher <sup>34</sup>			Fisher <sup>97</sup>
B	Multicenter				
C	Independent				
<b>Summary: increase of excretion in 1 study, no effect in the other study</b>					
<b>24. Animals: thrombus formation in rats &amp; acetyl salicylic acid</b>					
A	Primary	Doutremepuich <sup>35</sup>	Belougne-Malfatti <sup>78</sup> Aguejouf <sup>79</sup> Eizayaga <sup>80</sup> Doutremepuich <sup>81</sup>		
B	Multicenter				
C	Independent				
<b>Summary: increase in thrombus formation in all studies</b>					

### Initial studies

The following basic research models to study the effects of high dilutions that have subsequently led to reproduction studies were identified.

- Biochemistry.<sup>12–15</sup>
- Cultured cells.<sup>16</sup>
- Plants.<sup>17–21</sup>
- Isolated immune cells.<sup>22–26</sup>
- Isolated organs.<sup>27</sup>
- Whole animals.<sup>28–35</sup>

### Repeated studies yielding comparable effects

Some of these experimental models were independently investigated by different researchers, with comparable results (see Table 1):

- Biochemistry
  - Results on potentized ubiquinone<sup>13</sup> were confirmed by the same working group.<sup>36</sup>
  - Results on potentized cAMP<sup>14</sup> were confirmed by the same working group.<sup>37</sup>
- Plants
  - Results on potentized silver nitrate<sup>18</sup> were confirmed by others.<sup>38,39</sup>
  - Results on potentized arsenic<sup>19</sup> were confirmed by the same working group.<sup>40–42</sup>
  - Results on potentized gibberellic acid and dwarf peas<sup>20</sup> were confirmed the same working group<sup>43</sup> for one specific seed lot.
  - Results on potentized gibberellic acid and wheat<sup>21</sup> were confirmed by the same working group.<sup>44,45</sup>
- Isolated immune cells
  - Results on potentized antiserum against IgE<sup>22</sup> were confirmed by the same working group.<sup>46</sup>

- Results on potentized *Apis mellifica*<sup>23</sup> were confirmed by the same working group.<sup>46,47</sup>
- Results on potentized histamine<sup>24</sup> were confirmed by the same working group and by others.<sup>48–57</sup>
- Isolated organs
  - Results on potentized atropa belladonna/atropine sulfate<sup>27</sup> were confirmed by others.<sup>58–60</sup>
- Animals
  - Consistent multicenter results on potentized thyroxin and frog metamorphosis were obtained<sup>28</sup> and subsequently confirmed by the same working group with potentized thyroxin<sup>61–63</sup> and by others with potentized thyroidinum.<sup>64</sup>
  - Consistent multicenter results on potentized thyroxin sealed in glass vials were obtained<sup>30</sup> and confirmed by the same working group.<sup>65</sup>
  - Results on potentized thyroxin and frog climbing activity<sup>29</sup> were confirmed by the same working group.<sup>66</sup>
  - Results on potentized arsenic<sup>31</sup> were confirmed by the same working group.<sup>67–73</sup>
  - Results on potentized mercury<sup>32</sup> were confirmed by the same working group.<sup>74–76</sup>
  - Results on potentized phosphorus<sup>33</sup> were confirmed by others.<sup>77</sup>
  - Results on potentized acetyl salicylic acid<sup>35</sup> were confirmed by the same working group.<sup>78–81</sup>

### Repeated studies resulting in different effects

Other intents of reproduction led to interesting, statistically significant, but modified results:

- Biochemistry
  - A different result<sup>82</sup> was found on potentized mercury chloride compared to Persson *et al.*<sup>12</sup>

- Plants
  - A different result<sup>83,84</sup> was found compared to Betti *et al.*<sup>19</sup> on potentized arsenic for meta-analysis of all experiments.
  - A different result<sup>43</sup> was found on potentized gibberellic acid compared to Baumgartner *et al.*<sup>20</sup> for one specific seed lot of dwarf peas.
  - A different result<sup>85,86</sup> was found on potentized gibberellic acid compared to Pflieger<sup>21</sup> for wheat growth at different times of the year.
- Isolated immune cells
  - A different result<sup>56,87</sup> was found on potentized histamine compared to Sainte-Laudy *et al.*<sup>24</sup>

### Repeated studies yielding no effect

Further studies did not reveal any significant effects:

- Biochemistry
  - Effects of potentized mercury chloride on the enzyme diastase<sup>88</sup> compared to Persson *et al.*<sup>12</sup>
  - Effects of potentized mercury chloride on amylase<sup>88</sup> compared to Sukul *et al.*<sup>15</sup>
- Cultured cells
  - Effects of potentized tumour necrosis factor<sup>89</sup> compared to Carmine.<sup>16</sup>
- Plants
  - Effects of potentized copper sulfate<sup>90</sup> compared to Graviou *et al.*<sup>17</sup>
  - Effects of potentized silver nitrate (one researcher in a multicentre trial<sup>39</sup>) compared to Kolisko.<sup>18</sup>
  - Effects of potentized arsenic<sup>84</sup> compared to Betti *et al.*<sup>19</sup> for single experimental series.
  - Effects of potentized gibberellic acid<sup>43</sup> compared to Baumgartner *et al.*<sup>20</sup> for two specific seed lots.
- Isolated immune cells
  - Effects of potentized antiserum against IgE<sup>91,92</sup> compared to Davenas *et al.*<sup>22</sup>
  - Effects of potentized histamine<sup>53,98</sup> compared to Sainte-Laudy *et al.*<sup>24</sup>
  - Effects of potentized phytolacca<sup>93</sup> compared to Colas *et al.*<sup>25</sup>
  - Effects of potentized nitrosoguanidine<sup>94</sup> compared to Francis *et al.*<sup>26</sup>
- Animals
  - Effects of potentized thyroxine (one researcher in a multicentre trial)<sup>63</sup> compared to Endler *et al.*<sup>28</sup>
  - Effects of potentized thyroxine sealed in glass vials<sup>95,96</sup> compared to Endler *et al.*<sup>30</sup>
  - Effects of potentized *Plumbum*<sup>97</sup> compared to Fisher.<sup>34</sup>

Table 2 summarises the various outcomes at the level of studies. A total of 107 studies were found. Of these, 30 were initial publications, 22 performed by one working group, and 8 performed in a multicenter setting. In attempts to reproduce one of these initial studies, 53 follow-up studies yielded comparable effects, namely 35 performed as a repetition by the same initial working group, 8 performed as a repetition in a multicenter setting in contact with the researcher from the initial study and 10 as a repetition in a fully independent setting. Eight studies showed a consistent, yet different result from the initial study, 2 performed as a repetition by the same initial working group, 2 performed as a repetition in a multicenter setting in contact with the researcher from the initial study and 4 as a repetition in a fully independent setting. In attempts to reproduce one of the 30 initial studies, 16 studies showed no effect, 5 performed as a repetition by the same initial working group, 2 performed as a repetition in a multicenter setting in contact with the researcher from the initial study and 9 as a repetition in a fully independent setting.

When all repeated (but not initial) studies are considered (77), 69% reported an effect comparable to that of the initial study, 10% a different effect and 21% no effect.

When only the independent repetitive studies are taken into account, only 44% reported an effect comparable to that of the initial study, 17% a different effect, but 39% no effect. Multicenter studies showed 67% comparable, 17% different and 17% no effects, whereas initial researcher or working group studies showed 83% comparable, 5% different and 12% no effects (Figure 1).

Table 3 sums up the outcomes with regard to Table 1 at the level of models. A total of 24 models have been used. There have been reported comparable results with regard to 22 models, different results with regard to 6 models, and no effects with regard to 15 models. These numbers mirror the fact that certain models yielded diverse results in repetition trials (e.g. comparable and different effects).

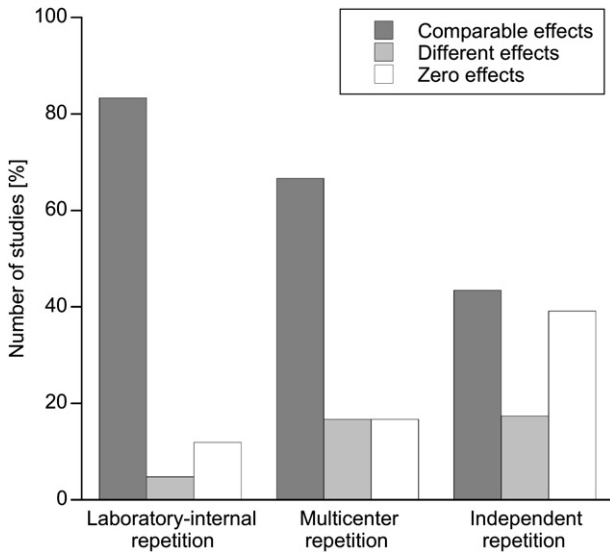
## Discussion

### Initial studies

All initial studies collected in this publication have been tracked by follow-up studies. Thus, the models concerned have been more profoundly researched than a considerable number of other models. This gives them a special weight in the frame of scientific exploration. However many studies in the field have *not* been subjected to repetition so far, although they may be worthy candidates for follow-up.

**Table 2** Numerical summary of Table 1, at the level of studies. The number of studies fitting in a given category was counted

		Initial study	Repetition Comparable effect	Repetition Different effect	Repetition Zero effect
A	Initial working group studies	22	35	2	5
B	Multicenter studies	8	8	2	2
C	Independent repetitions	0	10	4	9
A + B + C		<b>30</b>	<b>53</b>	<b>8</b>	<b>16</b>



**Figure 1** Numerical summary of Table 1, at the level of studies. The number of studies fitting in a given category was counted and referred to the sum of the repetition type category (set to 100%).

All but the two oldest publications align with certain standards of information given on their subject (minimum requirement: mean or median, number n of samples, standard deviation or standard error, OR number n of samples, level of significance). One will agree that these standards are not too high, i.e. that we are not referring to ‘Gold Standard’ publications only.<sup>99,100</sup> Some models that have not been included by reasons mentioned above may be interesting candidates for follow-up studies when fulfilling the required quality standards.

**Repeated studies**

Often, but not always, repeated studies contributed more detailed information on procedures and effects than the initial publications did.

*Repeated studies with comparable results:* According to the current paradigm of science, a follow-up study leading to results *comparable* to the results of the initial study is indicative of a deterministic behaviour of the investigated experimental system. In other words, the hypothesis that the results of the initial study are repeatable has been successfully tested and one may in principle proceed towards a full deterministic theory. In case the results obtained in the different studies are quantitatively unequal, further research will be necessary to identify the factors responsible for the size of the effects.

*Repeated studies with different results:* When both the initial and the follow-up study yield statistically convincing results, but opposed to each other, we have classified them as (interesting, yet) *different* results. Such effects can, of course, be found not only in homeopathic basic research. First thing any researcher confronted with different results has to do is to scrutinize the details of the methodological set-up of the study (e.g. different materials may have been used, there may be circadian or seasonal shifts etc.). Thus there may be unidentified and therefore unknown factors leading to effect inversions. Identification of these parameters will substantially contribute to scientific progress. Possible reasons for problems with reproducibility are discussed in detail elsewhere.<sup>2</sup>

It may well be that “even the most painstaking research in homeopathy is subject to greater uncertainty than are many conventional fields of research. This is presumably due to the complexity of the nonlinear stimulus-response relationships that underlie homeopathic effects”.<sup>4,101,102</sup> Furthermore, homeopathy (like other regulatory methods) provides a certain background to classify and understand inverse effects. The notion of ‘ortho-toxic’ and ‘anti-toxic’ effects has been suggested by P. Fisher.<sup>29</sup> Inverse effects are known among homeopathic therapists e.g. as “initial aggravation”.

*Repeated studies yielding no effect:* Repeated studies that show no difference between the treatment and the control groups may be due to a variety of reasons.

Irreproducibility of results can be due to the fact that the results of the initial studies were artefacts (meaning false-positive results). Artefacts can be due to contamination, systematic drifts or stochastic noise of the experimental set-up, which are wrongly interpreted as treatment effects. Correspondingly, results of earlier studies cannot be reproduced by follow-up studies with better methodology.

Repetition studies may be statistically underpowered, i.e. the number of investigated experimental subjects may be too low to properly identify effects as observed in the initial study. The same reasons discussed above for effect inversions may also lead to no effects: uncontrolled relevant parameters, inappropriate outcome measures, or inherent irreproducibility of the system. As already mentioned above, a detailed discussion of these possible reasons for problems with reproducibility can be found elsewhere.<sup>2</sup>

Which of all these, or other, possible reasons for irreproducibility may apply in a specific situation, cannot be determined in a simple way. Carefully repeated experiments of

**Table 3** Numerical summary of Table 1, at the level of models. The number of models fitting in a given category was counted

	Initial model	Repetition			
		Comparable effect	Different effect	Zero effect	
A	Initial working group studies	22	14	2	5
B	Multicenter studies	2	3	1	2
C	Independent repetitions	0	5	3	8
<b>A + B + C</b>		<b>24</b>	<b>22</b>	<b>6</b>	<b>15</b>

the primary working group and by the follow-up study groups are necessary to contribute to scientific progress. When repetition experiments consistently yield negative results, the corresponding model might be excluded from further research. In any case, repeated studies yielding effect should lead to scrutinizing closely the details of the methodological set-up of the studies and of their written presentation.

So far, we know of three model systems where at least one relevant parameter crucial for successful repetition has been identified. In the amphibian metamorphosis model system developed by Endler *et al.*,<sup>28</sup> only animals from high-land biotopes consistently respond to a treatment with homeopathically potentized thyroxin,<sup>63</sup> presumably due to a higher endogenous level of thyroxin or higher susceptibility to thyroxin. In the dwarf pea model of Baumgartner *et al.*,<sup>20</sup> seed quality (supposedly premature harvest) was identified as relevant trigger factor for a response to a treatment with homeopathic preparations of gibberellic acid.<sup>43</sup> In the mice model of Larue and Cal,<sup>32,74–76</sup> annual chronobiological rhythms modulate the protective effect of an isopathic treatment with mercury.

*Independent repeated studies leading to comparable or different results:* We identified five models that have been reproduced by at least one independent research team with comparable results:

1. Growth of wheat seedlings after treatment with potencies of silver nitrate,
2. Human basophil degranulation after treatment with potencies of histamine,
3. Amphibian metamorphosis after treatment with potencies of thyroxin or thyroidinum,
4. Experimental hepatitis of the rat due to poisoning with carbon tetrachloride after treatment with phosphorus,
5. Contraction of rat intestine *in vitro* after treatment with potencies of *Atropa belladonna* or atropine sulfate.

However, when comparing the studies in detail one must conclude that no independent repetition trial yielded exactly the same results as the initial study, and methods always differed to a smaller or larger extent. For the wheat bioassay, Kolisko<sup>18</sup> grew grains in flowerpots or glass tubes watered at different potencies levels, while Pongratz<sup>38</sup> used glass dishes filled with blinded samples. In the human basophil degranulation test, effective potency levels differed in all independent follow-up studies.<sup>54,57</sup> Lorenz *et al.*<sup>55,56</sup> furthermore investigated decimal (instead of centesimal) potencies. The amphibian metamorphosis study of Guedes *et al.*<sup>64</sup> used potencies prepared from thyroid glands instead of pure thyroxin as in the experiments of Endler *et al.*<sup>28</sup> In the model of experimental hepatitis, Bildet<sup>33</sup> worked with *Phosphorus* 15c, whilst Andresen<sup>77</sup> investigated the effect of *Phosphorus* 30x; outcome parameters (biochemical analysis, histology) also differed. Concerning *in vitro* rat intestine contraction, Cristea *et al.*<sup>27</sup> investigated centesimal *Belladonna* potencies using duodenum fragments, whilst Schmidt *et al.*<sup>58</sup> investigated decimal *Belladonna* potencies using fundus/corpus- as well as ileum

fragments; Radau<sup>59</sup> and Michael<sup>60</sup> studied decimal atropine sulfate potencies with ileum fragments only.

We furthermore identified three models that have been reproduced by at least one independent research team, but with differing results:

1. Hydrolysis of starch with malt diastase, treated with potencies of mercury chloride,
2. Growth and germination rate of arsenic poisoned wheat after treatment with potencies of arsenic,
3. Human basophil degranulation after treatment with potencies of histamine.

When comparing the studies in detail one has to conclude that methods differed to a smaller or larger extent, precluding straightforward interpretation. In the malt diastase model, Persson and Ginsberg<sup>12</sup> investigated every 5th decimal potency between 10x and 60x, and observed varying (decreasing/increasing) responses as a function of dilution level; in contrast, Boyd<sup>82</sup> used a 1:200 dilution ratio and always observed stimulation by the potency levels 26 up to 31. Methods of the repetition trials of Binder *et al.*<sup>83</sup> and Lahnstein *et al.*<sup>84</sup> concerning growth and germination rate of arsenic poisoned wheat were quite close to the original trial,<sup>19</sup> however also here, differences in wheat seed lots used preclude formal comparability. Lorenz *et al.*<sup>56</sup> got varied results for different solvents.

### The multicenter approach

When all repetitive (but not the initial) studies are considered, 69% report an effect comparable to that of the initial study, 10% a different effect and 21% no effect. This relation is fairly well reflected by multicenter studies, i.e. studies that were centrally organized, but carried out by various researchers in different laboratories, namely 66% comparable, 17% different and 17% no effects. Thus, multicenter studies seem to be an adequate tool to investigate basic high potency models.

On the other hand, initial researcher or working group studies show 83% comparable, 5% different and 12% no effects and may include methodological influences that could not be made explicit in the publications, even together with possible researcher effects.<sup>4</sup>

The situation is also different when only the independent repetition studies are taken into account (44% comparable, 17% different, 39% no effect). Some of these may lack detailed laboratory know-how transfer that can be better obtained when a training phase in the initial laboratory precedes the attempt to repeat a study.

## Conclusion

We found 24 experimental models in basic research on high homeopathic potencies, which were repeatedly investigated. 22 models were reproduced with comparable results, 6 models with different results, and repetition showed no results for 15 models. Seven models were independently reproduced with either comparable or different results.



Thus, 10 years after the last comparable systematic literature collection<sup>9</sup> we conclude that the question of independent reproduction in homeopathic basic research has considerably improved. Vickers<sup>9</sup> in 1999 was not able to identify a single experimental model that had been successfully be reproduced by an independent research team, we are now able to identify seven models yielding comparable or significant but different results.

We strongly encourage further repetitions of published studies, in order to learn more about the model systems used, to identify crucial parameters influencing experimental outcome, and to test repeatability of results. To allow this, research methods, as well as presentations of methods and results should align with minimum standards, e.g. the guidelines for studies in homeopathy,<sup>99,100</sup> either in the publication or in a readily available background website. Like in other fields of science, a training phase in the initial laboratory may precede the attempt to repeat a study.

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## Note

The authors will be grateful for comments and further information on relevant studies that fit the inclusion criteria of the bibliography. It may be of interest to the research community to further refine this publication from an annotated bibliography into a fully detailed review.

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