

## CHAPTER 1

### Treatment of *swine flu*

**By Dr. V. Krishnamurthy** (Thirty-eight years of teaching experience in Homoeopathy, Chinese Acupressure & Dr. Bach Flower Remedies of England)

During the years 2006-2008, almost all homoeopathic practitioners had been giving different remedies for *chikungunya* disease (mainly *Rhus. tox* and *Eup. perf.*) to be taken for days and weeks with little relief. The undersigned was the first to declare that the homoeopathic remedy *Polyporus Pinicola*-10,000x is almost a specific for *chikungunya* and with this remedy GIVEN IN ONE SINGLE DOSE, my students had cured lakhs and lakhs of *chikungunya* victims during the years 2006 to 2008. (Rate of success: more than 97%).

I am not proud of the above, because it is my duty, as Professor of homoeopathy, to find out the remedy for any epidemic. [A teacher is he who makes difficult things easy. — *Ralph Waldo Emerson.*] Be that as it may.

Though, all practitioners had cured several cases of *chikungunya* with one single dose of *Polyporus*, what was disappointing is that not even a single homoeopath came forward to ask me *as to how I selected Polyporus Pinicola* for *chikungunya*.

These homoeopaths (who had cured *chikungunya* with one single dose of *Polyporus*) are now asking me what homoeo medicine is to be given for *swine flu*. I am not satisfied with this query. But I would be much pleased if they had asked me how I arrived at *Polyporus Pinicola* for *chikungunya* and further how to find out the remedy for the present pandemic *swine flu*.

I don't mind declaring the name of the correct homoeopathic remedy which would be *almost a specific* for *swine flu*. Before this I would, first of all, like to teach the practitioners as to how I found out the remedy for *chikungunya*. This is more important. Such a teaching alone would help the reader to find out by himself a remedy for future epidemics.

Chikungunya disease begins with fever, shivering and joint pains. Many patients had to crawl for going to the toilet etc., because of crippling joint pains. Their faces were “gloomy.”

(See Calvin B. Knerr's Repertory—MIND AND DISPOSITION—Gloomy, in ague: Poly.)

*(ague: malaria or another illness  
involving fever and shivering)*

Now, coming to the much dreaded swine flu.

- (a) those who had died in hospitals with swine flu had lung failure
- (b) swine flu starts with fever, sore throat and body pain.

Step 1: Fever with body pain, sore throat. The rubric that you must take for this in Kent's Repertory is under GENERALITIES. Inflammation, internal:

Step 2: Disease of lung that speedily kills any patient; the equivalent rubric in Kent's Repertory is Pneumonia (CHEST: Hepatization of lungs)

The remedies scoring more points (being common to the above two lists) are Cactus=4, Iodum=5, Kalic-c.=4, Kali-iod.=4, Lach.=5, Lyc.=4, Merc-sol.=4, Nux-v.=5, Phos.=6, Sulph.=5, Tereb.=5

These remedies were studied in *Samuel Lilienthal's HOMOEOPATHIC THERAPEUTICS* under the chapter PNEUMONIA; Under Merc-sol we find the following words

“epidemic broncho-pneumonia”.

On the same page under the remedy *ferrum met.* also, we find the words “epidemic pneumonia”. But we do not get this remedy in repertorisation.

Patients who had come to me after being tested positive for swine flu were given the homoeo medicine *Merc-sol-10,000x* (daily one dose for three days only) and after a week when they tested, the result was negative. All their symptoms disappeared. **(Rate of success: 97%).**

**IMPORTANT NOTE:** In my forty years of practice, in the treatment of epidemics I have found the effects with 10,000x

potency satisfactory. Effects of other potencies are unpredictable. In case you do not get this remedy Mercurius sol-10,000x from your local homoeo store, you may send me money order or bank draft for Rs.250=00 (overseas: US\$ or Euro 10=00) (no online transfer etc. please) to Dr. V. Krishnamurthy, Raman House, Old No.21, Kuppaiyah Street, West Mambalam, Chennai - 600 033, India, and we would send you 3ml pack of about 75 (seventy-five) pills. This pack of 3ml is sufficient to treat twenty-five patients.

For prevention, the same remedy Merc.sol.10,000x may be given one dose once a month for three months. This prevents swine flu for six months from the date of taking the first dose.

*In homoeopathy, cure is easier and quicker than prevention.*

**ADDITIONAL NOTE:** In Section 213 of the Organon Dr. Hahnemann tells us that without prescribing a remedy on mind symptoms a cure is not possible. Let us now see how the remedy Merc-sol satisfies this requirement.

In big organizations when a person is affected with fever, sore throat and body pain he is advised NOT TO COME TO OFFICE. In other words, the awe-stricken non-affected persons run away from the victims as if they are their enemies, for fear of contracting swine flu.

A lady took her 5-year old son to a doctor. There a patient came to consult the doctor because he was declared positive for swine flu. Immediately on hearing this that lady started running away with her son, lest he may be infected.

The otherwise healthy person considers the victim of swine flu as his enemy. The victims are asked to keep off till cured.

Under the Chapter "MELANCHOLIA" in the reference book *HOMOEOPATHIC THERAPEUTICS* by Dr. Samuel Lilienthal, (page no.700 under the remedy Merc-sol.) we find the following words:

*...anxious restlessness as if some evil impended... constant suspicion, considering everybody his enemy.*



**Dr. Samuel Lilenthal, M.D.**

The following extracts from the *WILKINSONS' MATERIA MEDICA* (under the chapter 'Mind' in the remedy Merc-sol.) also confirms my selection of this remedy for swine flu.

*...Desire to flee, with... anxiety and apprehension.... did not know what to do... Inexpressible pain of soul and body, anxious restlessness, as if some evil impended...*

As this mind symptom is found in those who had not got the disease, the remedy Merc-sol. is indicated as a preventive. In one of the big multinational companies office at Chennai, about 300 persons were working on the first floor. Immediately on

hearing that two of their colleagues tested positive for swine flu, all of them started fleeing. This attitude is found in almost all persons who are running here and there for prevention of swine flu. Therefore, Merc-sol is almost a specific both as a preventive and curative.

What is most disappointing is that no one talks about Dr. Lilienthal's work *HOMOEOPATHIC THERAPEUTICS*, be it in seminar papers, monthly meetings or articles in journals.

Said Charles Gatchell in a review of *HOMOEOPATHIC THERAPEUTICS*, "... it is an extraordinarily useful book and those who add it to their library will never feel regret..."

In a review, Samuel A. Jones said about Lilienthal's *HOMOEOPATHIC THERAPEUTICS* as under:

"For the fresh graduate this book will be invaluable... to the older one who says he has no use of this book, we have nothing to say. He is a good one to avoid when well, and to dread when ill."

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If you read the following books of mine, you can yourself solve in no time all your problems (including swine flu and any other damn life threatening disease or epidemic) in the future. Also solve problems and overcome difficulties in day-to-day life. Health is every man's right!

**English book:**

Wrong Beliefs & Truth of Alternative Medicines... .. Rs.75  
Complete Guide to Dr. Bach Flower

Remedies of England (5 parts) ... .. Rs.1,200

To get all the above books you may send money order or Bank Draft to our Chennai Address.

We have a CD disc containing *South Indian Karnatic* music that would play for five hours. Listening to this for one hour daily increases your income, prevents many diseases, and solves problems in life.. For getting this CD send Rs.200=00 to the following Chennai address. [overseas US \$ or Euro 7=00]

## CHAPTER 2

Most people think that as we have remedies for diabetes in other systems (like insulin in allopathy) there would be corresponding remedies in homoeo. This is not so. There is one marked difference between homoeo and other medical systems (allopathy, ayurveda, siddha etc.)

In allopathy no doctor would give insulin for typhoid; also no one would give antibiotic for diabetes. This is because insulin is for diabetes and no amount of insulin will be of any use in typhoid.

But in homoeo, one remedy given for eczema patient may be indicated for jaundice in another; the same remedy may be needed in the third patient suffering from cancer. In such a case, the question that would naturally arise in the reader's mind is, "If so, then what is the basis for prescribing or selecting the remedy in homoeopathy?" Answer to this question will throw light on the uniqueness of homoeo.

Theory is good so far as it goes but he who infuses theory into practice lives in, with and for the student. A teacher is he who makes difficult things easy.

For learning swimming you do not read any text-book at home but first get into water. For learning car driving you are first made to sit on the wheels! So also, without actual cases of patients, study of theory alone is of no use. Therefore, let us start with actual cases treated.

Before we proceed further, we would request the reader to keep the following books on the table, while studying this book. [We are listing hereinbelow only all those books which are absolutely essential for finding the remedy—the *similimum*.]

1. Samuel Lilienthal's *HOMOEOPATHIC THERAPEUTICS* (Hereinafter called 'Lillenthal')
2. J. T. Kent's *REPERTORY*
3. WILKINSON'S MATERIA MEDICA<sup>†</sup> (compiled by Dr. V. Krishnamurthy) (hereinafter called 'Wilkinson')
4. *FINAL REPERTORY OF GENERAL SYMPTOMS AND MATERIA MEDICA OF MIND SYMPTOMS*<sup>†</sup> (compiled by Dr. V. Krishnamurthy) (Hereinafter called 'Final Repertory')
5. *Boericke's MATERIA MEDICA* (hereinafter called 'Boericke')
6. W. A. Yingling's *THE ACCOUCHEUR'S EMERGENCY MANUAL* (hereinafter called 'Yingling')
7. *REPERTORY* by Dr. Calvin B. Knerr (hereinafter called 'Knerr')

[<sup>†</sup> Books at Sl.No.4 and 5 can be had by sending Rs.600=00 to Dr. V. Krishnamurthy, Raman House, Old No. 21, Kuppaiah Street, West Mambalam, Chennai - 600 033, India [Overseas: US\$ or Euro-38=00]

**CASE 1:** A patient with peptic ulcer, weeping eczema etc., came to me and said, "Doctor, I am *not* taking the treatment to live long. But I have an aged daughter to be married and a son who is looking out for a job. Who would come forward to marry my daughter, if I have a weeping eczema? Only because of that, I want to get cured. Before I die, I want to settle things in my family; my daughter getting married and son getting a job. Then I can die peacefully."

Under the homoeopathic remedy *Petroleum* (Boericke's Materia Medica) we find the following:

*"Feels that death is near, and must hurry to settle affairs."*

Now, this sentence fits in approximately with the remarks made by the above eczema patient. This remedy was given in single dose and it cured him completely.

**CASE 2:** A peptic ulcer patient's condition worsened day by day and allopathic antacids were giving temporary relief. At the height of his suffering (hunger pain with burning sensation in the food pipe, temporarily relieved by eating) he was heard saying, "I think that my end is approaching; I must call the lawyer to write the will; that this hotel of mine should go to my wife; money deposited in the bank is for my son. My widowed sister who has been living with me for several years and helping me should take the house which I bought recently."

This mind picture agrees with the remarks made by the patient in case No.1 above. One single dose of Petroleum-10M cured this patient also. We do not prescribe on names of disease or pathology but on 'uncommon' symptoms having no connection with pathology.

The above case 1 and 2 would show the reader that

- (a) one and the same remedy may be called for in different persons with different diseases; also,
- (b) different persons suffering from one and the same disease *may* need different remedies.

Let us now see further three actual cases treated where three patients, all of them having the same complaint, viz., 'headache', were cured by different remedies:



**CASE 3:** A patient with chronic headache, after spending millions with various doctors and specialists came to me. After finishing the history of his seven years' sufferings, he ended up saying: **“Doctor, if you or any one can cure me of this terrible headache, I won't mind even giving away half of my property (worth three millions) to him.”**

Doctors of all other systems would simply ignore these words told by the patient at the end of his talk.

If a patient says that he is ready to pay 1.5 millions for getting his headache cured, we can say that he is **“deplorably downhearted.”** [deplorable = shockingly bad]

Under the homoeo remedy *Stillingia* (Wilkinson's Materia Medica), we find the words “deplorably downhearted; suffering extreme torture from bone pains;” *Stillingia*, one dose cured him.

**CASE 4:** Here is another case of headache. This 55-year old male patient remarked: “Doctor, all these years I have been having these torturing bone pains in head; my sufferings are such that no amount of compensation would satisfy me. Even if you make me President of all the countries in the world that would not be a sufficient compensation.”

The equivalent words or phrase for this statement of the patient would be:

*Extreme sadness, abject despair,  
uncompromising melancholy*

The above is found under the remedy *Selenium* (See Boericke's Mat. Med.)

Selenium-10M, one dose, cured him.

**CASE 5:** A middle aged man of forty walked in complaining of headache for a few months. After telling me that he tried

allopathy, ayurveda, homoeopathy etc. he told me that the pain in head started the previous year when he was having malarial fever; though malaria was cured, pain in head continued. (Certain cases are the easiest to work out; certain cases are difficult)

Calvin B. Knerr's Repertory: Chapter No. 40.

Fever, intermittent (ague):.... with headache; Cina,  
Cist., Kali-c., Polyp.

Fever, intermittent apyrexia:... headache, Arn.,  
Natr.m., Polyp., Puls.

Polyporus Pinicola, being common to the above two lists was given in single dose. Total relief felt for a month after which he reported relapse. The same remedy was given this time in single dose in a higher potency and it is now more than seven years and he is free from headache. Also, his chronic constipation was cured.

Thus, in cases No. 3, 4 and 5 above though the complaint, viz., 'headache' is same in all of them, each patient got different remedies.

To be precise, those symptoms which doctors of other medical systems would ignore, we take that and that alone for prescribing or selecting the remedy in homoeopathy.

There are no specifics in homoeopathy.

Why should we do like this? Why not have a specific remedy for jaundice; and another for headache and so on and so forth?

Our answer: Dear reader, the above method of prescribing on 'uncommon' symptom alone can cure patients with *one single dose* or a few doses.

[In each medical system there may be something unique, and without arguing which one is the best, the intelligent man takes the best from each.]

*70 to 90 PER CENT OF CAESAREAN  
SURGERIES CAN BE DONE AWAY WITH  
THREE DOSES OF HOMOEOPATHIC  
MEDICINE.*

The foetus (baby in the uterus of the pregnant mother) 1-3 weeks prior to delivery date (so long remaining in upright position) turns upside down, and the uterus descends down in such a way that the head of the foetus remains fixed in the pelvic floor of the mother. 1-3 weeks later, at the delivery time the mouth of the uterus dilates and the child comes out. Even after the full term of ten months if the child does not turn upside down, or turns half-way and lies crosswise,

or

having turned upside down, does not descend further down, the attending lady doctor would say that head is still floating or is in incorrect position and so opens the abdomen to take out the child. This is called caesarean surgery. 70 to 90 per cent of caesarean surgeries at the present day are conducted solely for this reason.

At this time if the patient takes three doses of the homoeopathic medicine *Pulsatilla-1000*, every 4-8 hours, in the next twenty-four hours it would be a normal and safe delivery.

In the reference book *The Accoucheur's Emergency Manual* by Dr. W. A. Yingling, M.D., of U.S.A. we find the following :



Dr. W. A. Yingling, M.D.

**"Abnormal presentations may be righted if *Pulsatilla* is given before the membranes are ruptured or the presenting parts are firmly engaged..."**

In a maternity hospital, Pollachi Road, Dharapuram, Tamilnadu, by using *Pulsatilla* and other remedies there has not been even a single caesarean for the past several years and the doctor in-charge has put up a board "Caesarean-free" Clinic. The Dharapuram Lions Club has given her a certificate testifying this.

(2) If the baby in the uterus stops growing, allopathy has no cure and they abort it. But if one single dose of the homoeopathic medicine *Secale Cornutum-10M* is given, the baby starts growing. (See *Calvin B. Knerr's Repertory*, p. 698. Pregnancy, foetus, development arrested: *Sec.*)

(3) After caesarean (or for that matter after any abdominal surgery) there would be pain in the sutured place lasting for



Dr. Calvin B. Knerr, M.D.

years. But one single dose of the homoeo medicine *Staphysagria-1000*, completely cures in twenty-four hours all post-operative abdominal discomforts.

(4) Some newly married women are prone to urinary infection and they spend in thousands. Again, the same homoeo medicine *Staphysagria-1000*, in one single dose, would cure the condition in just a day's time.

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## CHAPTER 3

### RANDOM NOTES ON PRACTICE

**A teacher is he who makes difficult things easy**

— Ralph Waldo Emerson

Most cases of fracture of the tibia bone continues to give trouble; does not heal. One single dose of *Anthracinum* has cured all such cases. (See Calvin B. Knerr's Repertory – page 1148 – Injuries, fractures... of tibia, Anthrac.)

Certain symptoms cannot be classified in the repertory under any head. Therefore it is better to memorise and keep them in your finger-tips.

For the following two cases (case No. 6 & 7) one and the same remedy cured.

**CASE 6:** A patient consulted me for allergic rash on skin on both upper limbs and chest.

He said, “Doctor, for the last three years I have gone to allopaths, ayurveda, homoeopaths etc. They have treated me for weeks and months with just five per cent relief. If I eat unstrained cooked rice or wheat flour preparation I would get distension of my belly; that evening the rash on skin will start; in the night if I pass flatus freely per ano or have a free bowel movement the rash would disappear.”

**CASE 7:** A school boy of twelve was brought by the parents. The mother started talking: “Doctor, he has to leave the house for school at 9.30 in the morning. He gets up at 6.00 a.m. By 7.30 a.m. he becomes so restless—jumps, cries etc. This would last for half-an-hour. Then this disappears; it is followed by 3-4 times loose bowel movement. After that he becomes completely all right and goes to school.”

In both the above cases the symptoms that should come to our mind is given below:

“Symptoms disposed to appear periodically and in groups... intermitting . . .”

The above lines are found in the remedy *Cuprum met.* (Boericke’s *Materia Medica*.) This remedy cured both the above patients (case No. 6 & 7) in one single dose in the 200th potency.

**CASE 8:** A patient consulted me for constipation. Even laxatives and purgatives were said to be of no use . He further said that for several years he had been taking daily anticonvulsant drug for epilepsy and if he stops it, he would get convulsions.

The following under the remedy *Opium* (in Wilkinson’s *Materia Medica*) agrees with this case:

“...Increased irritability and action in voluntary muscles, with diminution of it in involuntary muscles...”

When the intestine is full with faeces, urging is felt (involuntary muscles.) In the instant case these muscles are not functioning. Movement of limbs is controlled by voluntary muscles and he gets convulsions in them (increased irritability and action).

Opium-10M one single dose cured his constipation and he was asked to stop anticonvulsant drugs; he did so and to his surprise convulsions did not appear.

**CASE 9:** A patient showed his right leg with ulcer. He got injury a few months earlier but so far it did not heal in spite of best medical treatment. After a pause, the patient continued, “Doctor, ever since the accident I feel numbness in my right



upper arm and I am unable to use it freely. Has this non-healing of wound in my leg anything to do with numbness in my arm? But my arm was not hurt in the accident.”

We say that homoeopathy is a system of medicine where the patient tells or indicates the remedy to us. In *Wilkinson’s Materia Medica* the following sentence under the remedy *Pulsatilla* agrees with this case:

... “depression of vital power on one side  
and increased irritability on the other...”

*Pulsatilla*-10M, one single dose cured both the ulcer on the leg and numbness in the arm.

**CASE 10:** The one symptom in the remedy *Belladonna* (found in *Wilkinson’s Materia Medica*) will highlight what is meant by ‘uncommon symptom’; also it would illustrate the uniqueness and superiority of *Wilkinson’s Materia Medica*.

A patient came in with pain in the femoral part of urethra and backache. It was worse while riding the two-wheeler. He showed his medical file (given by allopathic hospital) and therefrom we noted the following points:

hydroureteronephrosis—Left kidney  
pain in femoral part of urethra  
pain in sacral region.

His complaint (pathology) is in kidney/ureter but he has pain in femoral part of urethra and sacrum. This is something rare-strange-peculiar. Both these painful places are at the same distance from the seat of affection—kidney.

Under the remedy *Belladonna* (*Wilkinson’s Materia Medica*) we find the following:

“Inflammation of internal organs... The inflammation... runs in radii as it extends to adjacent parts.”

(Femoral part of urethra and pain in sacrum are more or less at equal distance from his left ureter)

Belladonna-10M, single dose, cured him.

[Wilkinson's Materia Medica is available with us for sale. For getting this book by post, you may send us Rs.380=00 (overseas US \$ or Euro 32=00 to our Chennai address.)]

**CASE 11:** Two years after case No. 5 above, a lady came to me for cervical spondylitis. These patients get pain normally in the neck extending to head or one upper limb. Strangely this patient complained of unbearable pain in both shoulder tips. (Both shoulder tips are at the same distance away from the cervical vertebra.) Belladonna-10M, single dose cured her.

**CASE 12:** A lady, the mother-in-law of a fourth stage cancer patient, came to me asking medicine for cancer. When I asked her to bring the patient she said that he wouldn't come. I asked her to tell me *verbatim* what he had said. She replied, "He does not say anything."

At this stage I asked her whether she did not care to go and see her son-in-law who is said to be in fourth stage cancer. She replied:

"My daughter wrote me a letter stating that doctors have said that he would live for another six months only, and he is not afraid of death, but he wants to live with his family in the same quarters in which he had been living all along and said that he does not want anyone (be it friends or relatives) to visit him."

(Sometimes, we do get valuable symptom from the report of messengers).

Let us now see how to work out this case.

"Does not want anyone to visit him"

– Aversion to company

“Till death wants to live with family in the same quarters where he had been living all these years”  
– Homesick

KENT’S REPERTORY was consulted:

Company, aversion to: (several remedies)

Homesickness: (several remedies)

Remedies common to these two rubrics and scoring more points are: Aur.-4, Carb-an.-6, Ign.-5, Nat-m.-5

To confirm one out of the above four remedies, they were studied in *HOMOEOPATHIC THERAPEUTICS* (By Dr. Samuel Lilienthal) under the chapter “Carcinoma.” Under Carb-an. we find the words

“cachexia full developed”.

Again, in the chapter ‘Melancholia’ under the remedy Carb-an. we find the following words: “desire for solitude.”

Carb-an.-10M, single dose was prescribed. Patient is improving.

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**CASE 13:** Homoeopaths are not properly trained in the subject of case taking in five years of college study. The other day, I was sitting in the clinic of a homoeopath.

A patient walked in asking the doctor whether he has medicine for diabetes. The doctor started giving a lecture to the patient that he makes his prescription (?) on ‘symptoms’ and so the patient should first tell his symptoms.

The patient abruptly told, “Feel my pulse (stretching his hand towards the doctor)’, give medicine.” The poor doctor turned to me and said, “this is the problem... patients do not tell symptoms...”

I told him to ask the patient to wait outside, then explained him how to classify or convert the very attitude/tone of this patient into a mind symptom.

Let us recall and recollect the way the patient talked and his tone. In olden days, the king would talk as under:

“Let so-and-so- be brought before me alive or dead within twenty-four hours!” It is in ‘imperious’ manner (or royal language) with an air of command. The manner of the king would be stiff and pretentious. So also, the abovesaid diabetic patient talked in a similar manner. “Feel my pulse (stretching his hand) and give medicine.”

In Calvin B. Knerr’s Repertory, Mind (page 19) we find the following:

Answers, imperiously: Lyc

*Lycopodium* 10M, one dose cured the patient of his diabetes. Even if he had any disease other than diabetes, *Lycopodium* would have cured him.

**CASE 14:** A lady in Chennai asked me if I can give medicine for her brother who complains of partial loss of hearing with ringing in ears; this started at the time of train bomb blast in Bombay (in July 2006) in which he was travelling.

I told her that the patient (if he cannot come to me personally) may *write down his complaints* and send it to me. The lady told me that she would tell all about her brother. It is ringing in ears and partial hearing loss after the train bomb blast. I insisted on the point that *the patient should himself write down his complaints on a paper* and send it to me along with the report of E.N.T. doctor. (E-mail will not serve our purpose, nor telephonic talk). Anyway, the lady brought a printout of e-mail from her brother that read as under:

“I am giving the details of how I am feeling after the incident. On that day I was practically deaf and could not hear anything. There was a constant ringing in my ears and I was feeling very confused. At that time I did not feel anything, but after reaching home and what I saw on TV, only then I felt very scared. I had some bruises on my arm and my hair was completely filled with black powder. The ringing sound has not stopped yet. It becomes louder in the evening. Now also as I am writing this, the sound is there.

I got my audiometry test done and it was diagnosed as low to moderate hearing loss in my left ear and moderate hearing loss in my right ear. There is no rupture in ear drums. Now-a-days I feel very scared if I have to enter local train. The thoughts about the blast keeps recurring and I am never normal while travelling. I must have received some body blows during the blast on my back and neck. My right wrist hurts if I have to clamp something with it. Both my arms ache. All sorts of negative feelings come in my mind and I have become a nervous wreck.”

We now turn to *HOMOEOPATHIC THERAPEUTICS* by Dr. Samuel Lilienthal (hereinafter called “Lilienthal”) and the above three remedies (Bell., Calc., Lyc) alone are read under the chapter “EMOTIONS, Ill Effects of.—Fear, Dread, Fright (page 377-378)”.

The following words are found in the remedy Calc. Carb.

....< evening...grief and complaining about old offences... great tendency to be frightened....  
(portions relevant to our case alone are quoted here).

*Calcareo-Carb.* 10M, was prescribed in one single dose. Taking bath would stop the action of Calc. Carb. (see Kent's *Lectures on Homoeopathic Materia Medica*). Patient was advised not to take bath for a few days. Patient is improving.

(We expect our readers to turn to and see the respective pages of the reference books as and when mentioned).

**CASE 15:** Baby Lakshmi, four years (Referred to me by an allopath for 'muscular dystrophy')

The allopath was present and he pointed out that lower limbs alone are mostly affected and the child is freely using both the upper limbs.

When the child was shown to me she started crying and the father said that the child was afraid of strangers.

Since the father did not say any further symptoms I asked him a general question as to what all diseases the child had since birth (for which they had gone to a doctor and got treatment). The father replied that the child had

- (i) frequent fever with running nose;
- (ii) discharge from ears;
- (iii) frequent diarrhoea.

[Sometimes it is the past health history of the patient that may help us find the remedy.]

Now, the computer/homeo software is highly useless, as the following analysis of the case history would show.

The beginner (Dr. Hahenemann has said, “Many of my followers, I am sorry to say, are but half-converts.”) would simply select the remedies for (1) coryza, (2) ear, discharge and (3) diarrhoea. That is a mechanical way and would be a signal failure. Let us now learn what is an artistic method of working out a case.

A correct interpretation of the above three symptoms for homeo prescribing is as under. Ponder on the above three (past history) symptoms and you get the following:

- (i) rhinitis (frequent fever with running nose is rhinitis)
- (ii) otitis media (discharge from ear)
- (iii) gastro-enteritis (frequent diarrhoea)

The suffix ‘-itis’ appears in the above three symptoms. ‘Inflammation of any part is denoted by the suffix ‘-itis.’

Therefore we look into *KENT’S REPERTORY* under GENERALITIES:

INFLAMMATION... internally; Acon., Ars.,  
Bell., Bry., Canth., Echi., Gels., Iod., Lach.,  
Merc., Nux-v., Phos., Plb., Puls., Sec., Ter.  
(Top-grade remedies alone are taken)

The child is afraid of strangers. For this we should not take “Fear of strangers” but it is ‘timidity’

*KENT’S REPERTORY*: (Page 88-89) MIND:  
TIMIDITY: plus above list = Phos., Plb.

We have to do the analysis which the computer-software cannot and would not do. The other claim that computer is a time-saving device is farce.

Now, at this stage, that is, after having selected the remedies (on available symptoms) through the Repertory we have to apply our knowledge of materia medica. By looking at

the above two remedies we find that the remedy *Plumbum met.* has more spinal symptoms (the reader must note that only lower limbs are affected while upper limbs are in tact, which means affection of spinal cord). If we read *Plumbum met.* in *Boericke's Materia Medica* the following words in the preamble agrees with the case:

...paralysis is chiefly of extensors...  
partial anaesthesia ...Progressive muscular  
atrophy. Infantile paralysis.

Excessive and rapid emaciation.  
...Important in peripheral affections...

(The parent told me that they noted that its lower limbs were weak only when she was one year old).

(As far as homeopathy is concerned, there is not much difference between atrophy/dystrophy/emaciation etc. etc.)

Plumbum met. 10M, single dose, was prescribed and the child is making rapid recovery.

**CASE 16: Mrs. S.V. 33 years, 17.06.2006 (date of first visit)**

She wants to reduce her weight. Is obese and weighs 85 kilos. Complains of heaviness in chest with difficult breathing (praecordial anguish?) which comes two weeks before menses and it continues till the next periods (menses).

I note down as under in the case sheet:

Obesity - 85 kgs

Oppression (heaviness) in chest < before menses

I asked her just one question. (You can ask questions only if the patient stops talking and does not tell further valuable symptoms. Valuable means 'mind' or 'rare-strange-peculiar-uncommon' or 'general' symptoms.)



My question: ‘How long since you have this overweight?’

She replied, “Doctor, three years ago, I did MTP at 45th day. (Medical Termination of pregnancy - since she did not want a second child at that time). A few months later, I developed pain in abdomen and after scanning etc., the doctor diagnosed it as appendicitis. While doing surgery they noticed lot of blood around ovary caused by the surgeon's fault during MTP done earlier. So they removed my left ovary also. After that surgery only I started putting on weight. I have sensation of weight in chest (oppression) and limbs.”

CASE REPERTORISATION: For complaints developing after surgery we must take the following: —

Kent’s *REPERTORY* - GENERALITIES - WOUNDS:  
constitutional effects of: Arn., carb-v., con., hep., *iod.*,  
*lach.*, **Led.**, nat-m., *nit-ac.*, *phos.*, puls., rhus-t., *staph.*,  
*sul-ac.*, zinc. [Let us call this list No. 1]

As she did not tell any further symptoms, I decided to wait on placebo and so gave her 10ml pills, 5 pills (blank pills containing no medicine) for a dose, twice daily, to report after one week. After collecting the medicine and paying the fees, she got up to leave my clinic and at this time she asked, "Doctor, this obesity is nothing to fear, isn't it?"

For these words of the patient, we should not take the rubric ‘Fear.’ We have to note here that the patient is ‘serious’ about the disease. The correct rubric for the symptom in Kent’s Repertory is ‘Despair.’ (*In a few cases we get symptoms AFTER WE HAVE MADE THE PRESCRIPTION! The practitioner should not get angry or irritated as to why the patient did not tell all these at the beginning itself.*) I assured her that she need not be afraid of obesity and that she would be cured soon.

Kent's Repertory - MIND - DESPAIR... long list of remedies [Let us call this as list No. 2]

The remedies arn., carb-v., con., hep., iod., lach., nat-m., nit-ac., puls., and rhus-t. are found common to the two lists.

Our next step is to confirm one of the above remedies for the patient.

Under what chapter in Lilienthal, do we have to read? (in Lilienthal there is no contents page at the first pages but only “index” at the end of the book).

We have used the symptom “Despair” for selecting the remedy. There are four chapters for ‘mind’ symptoms in Lilienthal. They are ‘Melancholia’, ‘Insanity’, ‘Emotion’, ‘Hysteria’. The chapters are arranged in alphabetical order. (In case of difficulty, go to the index at the end of Lilienthal).

For the present case, I read the above ten remedies under MELANCHOLIA (page 693)

The remedy Pulsatilla agreed with the patient because of the following words (on p. 701 - Lilienthal)

... grief and sorrowful timidity on account of his worldly and eternal affairs; anxious and weary of life, sad and gloomy,...  
...dissatisfied; very easily frightened... ...anxious... ...with  
praecordial anguish...

Some readers may ask as to why we had not taken the symptom 'obesity' for repertorising this case.

Our answer: The more you repertorise on pathological symptoms, the greater would be the failure. Symptoms far removed from pathology are our best guide for selecting the remedy.

Pulsatilla-10M single dose was given with lot of placebo. After two weeks, she found lot of relief. Patient is still under treatment.

**CASE 17:** Aswin, aged four, is brought by her mother for constant and chronic running nose (fluent coryza). I do not ask any question. (Any interruption would only break the chain of thought of the narrator, and all they would have said at first does not occur to them again in precisely the same manner after that. Foot-note to S. 84 of the *Organon*.)

While I was going through Dr. Calvin B. Knerr's *Repertory*, the boy's mother breaks in, "Doctor, he is very angry at times." (At this stage I simply note in the case-sheet the word *anger*.)

I copy on the case-sheet the following portions from Knerr's Repertory.

NOSE, Coryza, chronic: Calc., Canth., Colch, Cycl., Sil., Spig. (page 248)

MIND, Anger (plus above list); Calc.

At this stage, the lady tells: "Doctor, whenever he is at home on holidays, running nose is not there. But whenever he goes to school, on those days, it is worse." To classify this last symptom is a somewhat difficult job.

I now turned to Lilienthal.

At this stage, after a pause, the lady continues, "Doctor, two years ago he was diagnosed to be suffering from primary complex and we gave a course of allopathic treatment."

To classify the symptom (aggravation on the days of going to school) is a difficult task. For "primary complex" the equivalent rubric in homoeopathy is *phthisis* (prodromal stage).

I just glanced through Lilienthal and under the chapter PHTHISIS PULMONUM (page 858) the following lines under *Calcarea Carb.* caught my attention:

...very susceptible to external influences, currents of air, cold, heat, noise, excitement.”

[When he goes to school he is exposed to air, noise, excitement and therefore the above quoted line confirmed my selection of *Calc. Carb.*]

I gave this in 10M potency in single dose and the patient is improving.

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COMPUTER IN HOMOEOPATHIC PRACTICE: We have no objection to the use of computers in selecting the remedy. But it is *maya* (a *Hindusthani* term meaning ‘illusion’) to think that selecting the remedy from the computer is ‘time-saving’ and ‘unfailing.’ The reference book *HOMOEOPATHIC THERAPEUTICS* by Dr. Samuel Lilienthal (for use as and when a case comes to us and not a textbook for study from cover to cover) is, in a fair percentage of cases, quicker and unfailing than any latest computer software.

Somewhere Dr. Samuel Lilienthal aptly observes about his work, “Drop the symptom in Lilienthal and you get the remedy.”

Yes, it is that much quicker. Ten times surer and quicker than the so-called latest software, *Radar*, *Cara* etc. The problem with software is (be it astrology, homeopathic selection of the remedy or any subject) that those who had developed them are poor either in their knowledge of computer or the subject in which they have developed the software. One has to be an expert both as a computer software professional and a wizard in the subject. That is rare to find!

Before you start using Lilienthal's, the reader must remember the following words of Dr. Oscar E. Boericke (in the *PREFACE to the ninth edition of his REPERTORY*):

*"...It is only by the persistent use of one repertory, that its peculiar and intricate arrangements gradually crystallizes itself in definite outline, in the mind of the student of the same, and thus he attains the ready ease and practical insight of the collator, thereby rendering such a clinical bee-line well-nigh indispensable in our day of labor-saving devices."*

We have such wonderful authors around 1930s that the arrangement and presentation of their works enable us to select the remedy in no time.

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What is Lilienthal's *Homeo Therapeutics* and how to use it?

Actual cases treated successfully are given below:

**CASE 18:** A boy of eleven was brought by his mother: "Doctor, look at him. The boy is making constant movements of his fingers. He often becomes violent and restless. This started six months ago. We went to allopathic hospital and they diagnosed his case as worm complaint and gave him *santonine*, but even double the adult dose of it had no effect. Then we went to a homeopathy specialist. (She showed me the prescription: "*Cina-30* daily morning and *Graphites-30* daily night, for one month".) He has completed one month course of these two remedies but no result."

I looked at the boy again and the case sheet. 'Case sheet' means plain white sheet on which we start writing down one

below the other what all the patient and/or his relatives tell us. After a pause, the mother told me with wide-open eyes, “Doctor, ever since he developed worm complaint he often complains of headache and vertigo. Why is it so doctor?”

I went through all the remedy descriptions in Lilienthal under the chapter ‘WORM AFFECTIONS.’ Thirty-four remedies are described and the words ‘vertigo and headache’ told by the mother (which is an ‘uncommon’ symptom in worm complaint) were found under one remedy only viz., *Cicuta virosa*. This remedy in 200<sup>th</sup> potency, single dose, cured worm symptoms as well as his skin complaint.

**CASE 19:** *Fifteen years of sore throat and constipation completely and permanently cured with one single dose:*

A certain middle aged patient came to me at 3 p.m. asking if I can give him some throat paint for his sore throat. I told him that I would give pills only and asked him to tell me how long he is suffering etc. (something to make the patient talk about his complaints.) He replied:

“Doctor, I have this for fifteen years. Daily at 3-4 p.m. it starts, so much burning in mouth and throat that in the evening I am unable to do poojas (later I learnt that he is a priest in Hindu temple there he has to use loud voice to utter verses during worship etc.) loudly because my voice becomes husky. The burning pain would continue in the night, but next morning there won’t be any pain.

In this case only one symptom is prominent – “< evening, night.”

I went through all the remedies under the chapter *SORE THROAT* in Lilienthal. The symptom “< evening” was found under the remedies *Alumina*, *Hepar*, *Natr. mur* and *Silicea*. But in *Alumina* it is “< evening and night.”

Further, under the remedy Alumina the words “clergyman’s sore throat... < evening and night...with husky voice” suited the case. Just to confirm the remedy (since it is one of the remedies for chronic and obstinate constipation) I asked him about his bowel movements, to which he replied that he would pass stool once in 3-4 days.

Alumina-10M, single dose, cured his chronic sore throat as well as constipation. (I never knew that he got complete cure till one day when I casually visited the temple in which that priest was doing poojas. I had even forgotten him. Looking at me he immediately removed a big garland from around the neck of the deity and put it on me (this is a sign of honoring V.I.P.s in Hindu temples). I was rather puzzled. He gave me fruits etc. and came out with me till the entrance while other big heads were waiting by paying heavy amount etc. That night I narrated this to my house-owner who does part-time work in that temple and he said that I was honored because my prescription of one single dose completely cured that priest, which he used to recall almost daily.

Yes, drop the symptom in Lilienthal and you get the remedy!

**CASE 20:** This an interesting case. A boy of twelve was brought to me for lung tuberculosis. I asked the boy a few questions (no standard questionnaire etc. please) just to make him talk—name of his school, what games he plays etc.

Nothing ‘uncommon’ or ‘rare-strange-peculiar’ or ‘mind symptom’ came out. I got up and went to the cupboard of medicines, took out a bottle and was preparing doses of some medicines.

At this time it occurred to me to consult Lilienthal. I studied all the remedies given under the chapter *PHTHISIS*

*PULMONUM*. While doing so, under the remedy Lycopodium, the words “observing disposition” made me to pause and ponder. I found that the boy was constantly observing me at what all I had been doing, writing on the case sheet, referring to books, preparing the doses etc. I could remember that unlike other patients, he was constantly observing me.

Lycopodium 10M was prescribed. Next month he was due to report. He did not. Later when I met the boy’s father, he said, “Oh! He is perfectly alright now. That is why we did not come to you again.”

The next case is very interesting and educative too.

**CASE 21:** A certain breastfed baby was brought to me for constipation. On the symptoms (which I don’t remember now) I prescribed one dose of Nux vomica-30. The lady came three days later saying that with the one dose the child passed normal stool the next morning. But constipation relapsed.

It has never been my experience that one dose acted for one day only. I only thought that my selection of Nux-vom was wrong. To select a better (correct) remedy, I looked through all the remedies given under “CONSTIPATION” in the Chapter “CHILDREN, DISEASES OF” in Lilienthal. I read *Nux-vom*. Also wherein the following words under the remedy caught my attention:

“...the nurse takes too much coffee and lives too high.

On questioning she affirmed that she took seven or eight cups of strong coffee daily.

I gave one dose of *Nux-vomica* 30 to be given to the baby at bedtime and emphatically told the mother that she must (i) either stop coffee or (ii) stop the breast feeding. She agreed



to take light coffee 1-2 times only. After the second dose of Nux-vomica there was no relapse of constipation. Without Lilienthal I would only have concluded that my first prescription of *Nux-vom.* was wrong and would have meddled with the case by changing the remedy.

Remember the words of Dr. Samuel Lilienthal: “Drop a symptom in the slot and you get the remedy.” Yes, it is so quick and certain in some cases. Much less than the time needed to switch on the computer, leave alone opening the software etc. etc.

Selection of the remedy manually with the repertory (ies) is neither difficult nor time-consuming. It is definitely quicker than the computer. What is time-consuming and difficult is *Case Taking* which the computer cannot do even one per cent.

Most homeopaths consider “totality-of-symptoms” and so administer a questionnaire to the patient, but they are not taught that “Totality-of-uncommon symptoms” is the correct method. [Section 153 of the *Organon*]. In any patient “uncommon, rare, strange or peculiar” symptom is one or, at the most, two only. For referring these one or two symptoms to the repertory, doing it manually is definitely quicker than the computer, as explained in the above four cases cured with the help of Lilienthal.

Homeopathy software is *not* altogether useless. It can certainly do a better job in the hands of researchers and authors of books. But, unfortunately, homoeo software is dumped into the heads of innocent practitioners. The real and ideal use of computer is in the hands of those who are doing compilations, preparing manuals, indexing, writing special repertories, therapeutics like Lilienthal and so on.

Sub: Non-homeopathic uses of the homoeo medicine *Phosphorus* to prevent cancer and brain tumor caused by computer rays, television, cell phone and atomic power plants.

This information is for those sitting before the computer for hours together.

Every scientific invention carries a sting on its tail. But we can preserve our health with the help of homoeopathic medicines. *Phosphorus-1000*, one single dose taken once a month is a *must* for our computer and atomic age. More particularly in U.S.A., atomic power plant is everywhere. Though scientists may cheat us, it is an undeniable fact that sooner or later there would be more and more cancer hospitals and hospitals for brain tumour. Atomic power plants, plastics and computers as well as colour televisions constantly emit minute quantity of radiation which, in turn, causes cancer and cell phones cause brain tumour. I do not say this but it is scientists who are telling this and no conscious scientist can deny this. For the side-effects of the above said scientific invention the homoeo medicine *Phosphorus-1000* is the best antidote. Take one dose, once a month. That is one of the extended uses of homoeopathy. Loss of vision after lightning is cured by *Phosphorus*. For bad effects of electric shock, the same *Phosphorus*.

### Question & Answers

1. What is the only one correct remedy to be given (just one single dose) to a pregnant woman, when the foetus (baby in uterus) stops growing?
2. During epidemic encephalitis (brain fever, e.g., in Ariyalur district) what remedy would you use as prophylactic (preventive)?

3. All the children borne to a woman are syphilitic by birth. What remedy in one single dose you would give her to prevent syphilis in future pregnancies.
4. What is the remedy to be taken once in a month by *all* practising homoeopaths? (Just because no homoeopath has been taking this regularly, homoeopathy is not getting popular.)
5. Write the names of two authors who had written biography of Dr. Samuel Hahnemann.
6. Doctors say that an expectant mother is too weak to develop normal pains; moreover, she is anaemic and so caesarean alone is the solution. What is the only one remedy that will cure her anaemia, remove weakness and thus cause normal child birth? (Please note that the answer is NOT *Pulsatilla*. Also, it is not *Caulophyllum*.)
7. What is the chief or first remedy that you would think of for haemophilia?
8. In homoeo terminologies what is the meaning of 'scrofula or scrofulosis' and 'cachexia'?
9. What is the remedy for jaundice after blood transfusion?
10. In respect of the symptom 'haemorrhage' differentiate between *Phosphorus* and *Hamamelis*.
11. Name the remedy for (a) violent blow on single part of the body; (b) after a person falls rolling down from a speeding train or bus; (c) falling from height (second or third floor or from a tall tree) with bleeding; (d) falling down while trying to climb a running jeep from behind?
12. Under what rubric in the repertory would you search remedies for a patient with chronic tonsillitis?
13. What is the name of the reference book (and the name of its author) you would use for complaints of pregnant

women occurring directly before, during or after child-birth or abortion?

14. A certain patient tells that he feels as if a crowbar is lodged inside his chest. What is the name of the reference book (and its author) you would use in this case?
15. A lady of twenty-eight had attempted to commit suicide (by swallowing kerosene or sleeping pills) and somehow she recovered. What is the remedy for her so that she may not repeat it in future?
16. What is the remedy for 'ghost pain.'

**As a sample, we give below the correct answers for question No. 1, 7 and 12:**

*Answer to Qn. no.1: Secale* is almost a specific when the growth of foetus is arrested. (See page 698 of *Repertory* by Dr. Calvin B. Knerr: Pregnancy, foetus: arrests development, *Secale*.) One single dose of *Secale* 10m is sufficient.

*Answer to Qn. no.7: Crotalus horridus* is one of the prime remedies, to be thought in cases of haemophilia.

*Answer to Qn. no.12:* For a patient with chronic tonsillitis, you would generally look into the *Repertory* against the following:

Tonsils, inflamed (quinsy, tonsillitis) (page 454 of *Kent's Repertory*)

But remedies in this list may be useful for acute complaints of tonsillitis. For curing tonsillitis permanently, it needs 'treatment of chronic diseases.' Chronic tonsillitis is in most cases due to tuberculosis (See *MEDICAL DISEASES OF INFANCY AND CHILDHOOD* by Dawson Williams, London: Cassel & Co. page 338-348)

- (a) When tuberculosis affects lungs we call it tuberculosis of lungs or *phthisis pulmonum*; with family history of tuberculosis, when t.b. affects bones or glands it is called 'scrofula' or 'struma' in homoeopathy.
- (b) All chronic affections of glands are due to tuberculosis in the family. Chronic affections of bones may be due to either tuberculosis or syphilis; (in syphilitic affections of bones we find 'nightly boring' pain.)

Therefore, to cure a chronic tonsillitis patient, we must examine the following:

Scrofulosis — glandular affections. Bar., Bell., Calc., Carb. an., Cist., Clem., Con., Dulc., Graph., Hep., Kali, Lapis, Lyc., Merc., Nitr. ac., Phos., Rhus, Sil., Staph., Sulph.; [*See FINAL REPERTORY & MATERIA MEDICA OF MIND SYMPTOMS* by the author]

For knowing the correct answers to the remaining questions, and to increase, perfect, correct and enlarge your knowledge of homoeopathy, you may join our correspondence courses. *See* the application form given on the last page.

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MIND SYMPTOMS—UNCOMMON SYMPTOMS—  
CLASSICAL OR HAHNEMANNIAN HOMOEOPATHY—Section 213 and 153 of the Organon

Most homoeopaths are being lured by ‘mind symptoms’ in practice.

In Section 153 Dr. Hahnemann advises that we must consider ‘rare-strange-peculiar, uncommon’ symptoms and in S. 213 he continues that without selecting a remedy on ‘mind’ symptoms a cure is not possible

When S. 153 is read with S. 213 we get the following:

“rare-strange-peculiar, uncommon mind symptoms.”

Mind symptoms not at all related to the pathology of a disease (that the patient is suffering from) are ‘uncommon.’ Actual treated cases alone can illustrate ‘mind’ symptoms. [Mind symptoms as listed out in the repertories may not be told by the patient.]

**Case 22:** A chronic renal failure patient came to me with a few relatives, all of whom were allopathic doctors. Those doctors showed me the file containing the diagnostic and other papers of the patient. After this, one by one, the relatives went out.

The patient was still sitting. He said, “Doctor, my sons say that I am sick and so I should not ride bicycle, go out and do our business work. They say they will do everything and ask me to sit at home taking rest. As my children, they should only tell me that I am all right and that I would recover soon. But instead of encouraging me for speedy recovery they have branded me a permanent and incurable patient.”

The reader may note here that in most cases the ‘uncommon’ symptoms (on which we can make a prescription)

is told by the patient at the end of the consultation, or, in some cases, *after* you have made the prescription!)

This patient feels that his sons, instead of encouraging, are letting him down. What one requires from his or her sons and relatives is not money or help but *moral support*. In this case the patient feels that this is completely missing in his case.

This symptom we find in two remedies. They are

“... a feeling of moral deficiency...” – *Kali brom*.

“... despondency, sadness, moral depression and relaxation...” – *Tarentula hisp*.

(See Lilienthal, page 698 and 702)

We are quoting this not as a case report but it is an actual case to illustrate how to translate the words of the patient as mind symptom.

The ‘uncommon mind symptom’ may, in most cases, be one only. In the above renal failure case, the above quoted two symptoms cannot be classified in any existing rubrics in the repertory. Homoeo software would be of utter failure. The practitioner must memorise the symptom of the above two remedies and keep it in his finger tips. Homoeopathic practice is not a *mechanical* work but it is *artistic*. Therefore homoeo software would but be a mockery.

To illustrate this point, let us examine more cases; in all the following three cases, only one “*uncommon*” mind symptom was present and the reader, after studying the three cases, would at once agree that with computer and homoeo software he cannot do anything to find the similimum.

**Case 23:** A lady of 55, school teacher, was under my treatment for three months for sinusitis with little relief. She lives thirteen kilometers away from my clinic and she works in a school

which is less than one kilometer from my clinic. Before going to the school she would come to me once a month, take medicine and go to school. Seeing no relief in spite of three visits, I told her that a certain acupressure doctor would come and give just 3-minute treatment once only; for this she need not pay any fees and also she would get total relief. Since the acupressure doctor comes to my clinic on Sundays only I asked her to come on a Sunday. To this she replied, ... “I have to come all the way... from ... (her place of residence.)

During the last three visits she would come to me in the morning before going to her school which is near my clinic. Sunday is holiday for the school and she feels it an ordeal to come for acupressure treatment all... the... way from her residence thirteen kilometers away.

It is hesitation. I told her no need to pay anything and 100% cure was also assured. Therefore, travelling 13 kilometre cannot be a crime. But to do this she has hesitation. Before we show the reader how we selected the remedy on this symptom let us see the other two cases also.

**Case 24:** A lady allopathic doctor was learning homoeopathy from me every Sunday morning for two hours. She consulted for her complaints and got partial relief of her ailments. Once she said, “Doctor, can you give one-dose treatment for my son? Since birth he is having perennial cold; now he is five years and almost every week he has to take drugs?” I told her that she must bring her son at least once and I would cure him completely. Bringing her son once (and I am not going to charge her since she is my student) is not an ordeal or something immoral. To this she replied, “For this I have to... bring him all the way from my home (which is just twenty kilometers away.)

For this small thing of bringing the boy once only (and for that he is going to get total relief permanently) she hesitates.



Only if you actually listen to the patient's reply in person you may understand this. Let me explain and elaborate on this.

Suppose you (the reader of this book) are my student and one day I ask you to murder a certain person. What would be your reaction? Immediately you would reply as under:

“Sir, I... have to do...” (The sentence would be incomplete. Because you have hesitation since doing this job pricks your conscience.)

But in the abovesaid two cases for merely travelling 15-20 kilometre they have lot of hesitation as if I am asking them to do some crime or immoral thing. In other words, they are overconscious of a trivial thing. The apt term would be “Conscientious scruples.” This symptom is in the remedy *Arsenicum album*. [See Lilienthal - p.694.]

Let us repeat, that uncommon mind symptom may be in most cases one and the computer-software or ‘remedy finders’ are of no use. To the above sinusitis case one single dose of *Arsenicum Album-10M* completely cured her and even acupuncture treatment was not given.

**Case 25:** This is a cancer patient and after the consultation was over, I asked my fees of six thousand rupees. To this he replied, “Money... is...” (The sentence would be incomplete and they would talk hesitatingly as if they are asked to do some big immoral act.) He should say either that he has no money or that he would try to borrow from relatives. But he does neither.

The above cases illustrate the meaning and interpretation of mind symptoms of a given patient. In some cases the repertory or software is not useful and you have to memorise these uncommon mind symptoms.

Let us now examine what is meant by uncommon symptoms: Some of the most useful uncommon physical symptoms *cannot be classified* under any head in the repertory and so it is better to learn them.

For example, under the remedy *Ignatia* we find the words *great contradictions*. (Boericke Mat. Med.) A haemorrhoid patient said at the end of the consultation. [Remember, in most cases, after the narration is over and after a pause, the patient leans forward towards you and with wide open eyes (exclaims)] “Doctor... one thing. Every one says that pain, bleeding etc. in piles would increase while straining when constipated; but my case is different. I do not get pain or bleeding whenever I strain during constipation. But during loose bowel movement I get both burning and bleeding.

The contradictory symptom is both ways. Hence Dr. William Boericke writes in plural: “Great contradictions”. *Ignatia-1M*, single dose cured this patient.

**Case 26:** Mr. N. 55 years reported: “Doctor, daily morning I get headache; in the afternoon after lunch I have distension of abdomen, gastric troubles. In the night I get terrible pain in the leg...”

You cannot ‘repertorise’ this case. The case is very simple. His symptom is to be classified as under:

*“Aggravation of head symptoms in the morning; abdomen in the afternoon and legs in the night”*

In Boericke’s *Materia Medica* under the remedy *Ammonium Mur.* we read as under:

*“Its periods of aggravations are peculiarly divided as to the bodily region affected; thus the*

*head and chest symptoms are worse mornings, the abdominal in the afternoon, the pains in the limbs, the skin and febrile symptoms, in the evenings.”*

It may not be out of place if we write here that the above patient had been to so-called leading, experienced, and classical and Hahnemannian homoeopaths who had treated him with various medicine for months without relief.

Let us reiterate the following:

*HOMOEOPATHY IS A SYSTEM WHERE THE PATIENT HIMSELF (BY SOME WORDS OR ACTIONS OR AS A REACTION TO HIS DISEASE OR TREATMENT OR ATTITUDE TOWARDS THE DOCTOR) indicates the remedy to us.*

Homoeopathy is practical and practical only and there is no place for any theory, imagination, etc.

We now invite the attention of the reader to case No. 10 on page 21-22 where the remedy *Belladonna* was prescribed on the symptom “the inflammation runs in radii as it extends to adjacent parts.” You cannot classify this under any rubric in the repertory. The symptoms are to be *memorised*. So also, under *Pulsatilla* we have mentioned “depression of vital power on one side and increased irritability on the other.” (See case No. 9 on page 21)

Homoeopathy has no theories or principles. But in the shops we find books on “Theory and Principles of Homoeopathy!”

Let us now go to the last case which would illustrate ‘mind symptoms.’

**Case 27:** A certain renal failure patient, under dialysis and waiting for kidney transplant, was under our treatment. We could not find his remedy.

There is no guarantee for kidney transplant, because after a few years, many patients die because the donor kidney stops functioning. After transplant he was heard saying, “Now I feel as if I am released from prison . . . as if I have taken a rebirth.” This he said because he is now freed from torturing and exhausting bi-weekly dialysis, taking rest, body becoming weak etc.

This attitude or expression of the patient should at once bring to our mind the following words

...desire to be released from what seems to be  
a perpetual burden of sorrow... (See Lilienthal—  
MELANCHOLIA—*Ignatia*, p. 698)

We are going to give *Ignatia* to him and we are confident that his other kidney would start functioning and even if the donor kidney fails he would live long.

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### CONCLUSION

- a. Among medical systems homoeopathy is the best short-cut to cure patients in one single dose of one remedy or a few doses of one or few remedies. For example, we have cured lakhs of *chikungunya* patients completely and permanently with *one single dose* of the homoeo medicine called *Polyporus Pinicola-10,000X*; so also, many tested and confirmed *swine flue* patients were cured with one single dose of *Merc-sol. 10,000X*.
- b. One of the best short-cuts to homoeopathic practice (to select the remedy—similimum) is Dr. Samuel Lilienthal's

*Homoeopathic Therapeutics*. (Drop the symptom in Lilienthal and you get the remedy!)

- c. The short-cut for Lilienthal is page number 693 to 702 therein (the chapter *Melancholia*) and also the chapters Insanity, Emotion etc. as the following case would show:

**Case 28:** A mentally deranged patient, 32 years, unmarried, stopped going to work from his twenty-fifth year. The father reported: “He does not take bath daily; just sits at home; never goes out and meets his friends; smokes cigarettes continuously and sees porns in the T.V.... Doctor, one more thing ... after passing daily bowel movement, he takes little feces in hand and rubs it on his head. It is quite disgusting...”

I read the remedies give on pages 620 to 634 of Lilienthal under the chapter Insanity and the following extracts from the remedy *Merc-sol*. agreed with the case:

“homesickness... senseless, disgusting actions”

Merc-sol. 10M one single dose cured him.

---

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## CHAPTER 4

How to get one hundred per cent success? [This is in respect of chronic diseases]

### **TREATMENT OF CHRONIC DISEASES— MIASMS—PSORA, SYCOSIS, SYPHILIS— CONSTITUTIONAL TREATMENT—GENERALS— GENERAL SYMPTOMS**

We make the prescription based on symptoms

- (a) felt and reported by the patient (subjective symptoms)
- (b) observed by the practitioner and/or reported by the relatives/attendant, lab. findings (objective symptoms)
- (c) constitutional symptoms: *i. e.* symptoms elicited by our questioning about the patient's past health history and that of his family.

If the routine or usual repertorisation as described in the preceding pages does not help, we must question the health history of the patient's family. This is more particularly in the case of chronic diseases, *e. g.*, diabetes that does not respond to insulin and other allopathic drugs etc.

### **HOW TO TREAT THE 'CONSTITUTION'?**

You must ask the patient as under:

"In your family... ('family' means your brothers/sisters, their children; your parents, their brothers/sisters and their children; your grand parents, their brothers/sisters and their children) is (or was) there:

- (a) diabetes, heart complaints, still birth, epilepsy, mind derangement (insanity, suicidal disposition etc.), migraine, sciatica, allergy, lesions, tonsillitis, spondylitis, thyroid?" If

any one or more of these complaints are in the family, you must write the word ‘syphilis’ on the case sheet. (‘Case sheet’ means plain white sheet on which you note down patient’s symptoms *one below the other.*)

You must memorise the above carefully:

- (b) tonsillitis, thyroid, spondylitis and all bone complaints (excepting boring pain in bones)

If any one or more of these complaints, you must write the word ‘scrofula’ on the case sheet.

Apart from the above, if more than one member of the family had one and the same complaints—*e. g.*, cancer, baldness, migraine etc. this also denotes ‘syphilis.’ (Two or more family members having one and the same complaint is also ‘syphilis’)

Suppose in a family if two or more members had thyroid complaint what is to be done? Because

Thyroid = scrofula

More than one family member having thyroid = syphilis

In such a case we must keep both ‘scrofula’ and ‘syphilis’ in mind. For example (Lilienthal—page 943-949) under the remedy *Nitric-acid* we find the following:

“scrofulosis from hereditary syphilis”

- (a) For treating patients with diabetes/migraine/sciatica/mental derangement/heart complaints/suicidal disposition/still birth/abortion/epilepsy/lesions, boring pain in bones, vision complaints etc., you must first take the 48 remedies given against SYPHILIS on page 58.



- (b) For treating chronic tonsillitis/thyroid complaints, bone diseases (other than boring pain in bones) first take the 20 remedies given against “SCROFULOSIS—glandular affections” on page 60.
  - (c) For treating bone complaints (other than boring pain in bone) first take the 15 remedies given against “SCROFULOSIS—bones, affections of” (page 59)
  - (d) In respect of children with birth defects or whose complaints are from birth or withing nine months of birth—it is *syphilis* (in fact, all complaints from birth is *syphilis*) and also epilepsy since childhood where E.E.G. (electro encephalogram) report reads “epileptogenic regions seen” (is also *syphilis*.) Chronic complaints of children within a year after birth too are syphilis. For all these we must, first of all, take the twelve remedies given against “SYPHILIS—Infantile syphilis” (page 60).
- 

In chronic diseases, after taking one of the respective above lists, compare it with other mind/general symptoms of the patient.

Actual cases treated alone can illustrate as to how work out chronic cases with the aid of Kent’s Repertory, *Lilienthal* and/or *Wilkinson*.

The symptoms on which we have to work out the case are:

- i) Rare, strange, peculiar or uncommon
- ii) Mind symptoms
- iii) General symptoms.

In respect of mind symptoms, it is difficult to classify a symptom as ‘common’ or ‘uncommon’. Also, there are ‘grades’ in the value of mind symptoms. In order of their importance are:

Will (Desires/aversions, arising independent of causation)

Intellect

Memory

All ‘will’ symptoms are uncommon, because the meaning of will is: “Faculty by which a person decides independent of causation” (Oxford). [Therefore ‘will’ symptoms are ‘uncommon’] Be that as it may.

In respect of (iii) above, *i.e.* ‘general symptoms’ (‘generals’ is different from ‘general symptoms’ and we shall elaborate on this later) we do not have any difficulty. Because here the question of ‘common’ or ‘uncommon’ does not arise.

“General symptoms” are those that do not belong to a particular part of body but pertain to the patient as a whole. Such general symptoms which are frequently useful in practice are:

SLEEP, DREAMS. These do not belong to any part of the body.

Sexual behaviour and sexual symptoms are generals because they affect the person as a whole though we call sexual parts.

Ulcers, Unhealthy skin (slight wounds do not heal or ulcerate or suppurate etc.)

Bathing, dread of

Congestions (Let us now see when and where we would be using this rubric in Kent’s Repertory under the last

chapter *Generalities*. Whenever a patient gets a symptom in one organ while some other (in many cases, distant) part is exerted or diseased. E.g., cough with pain in chest. Excitement/emotion causes loose bowel movement or urging to urinate. In these cases **YOU SHOULD NOT LOOK INTO THE REPERTORY FOR “Diarrhoea aggravated by emotion”** but use the rubric **CONGESTION** under **GENERALITIES** in Kent’s Repertory. Other examples are: Breasts painful before menses. Mental tension causes eruption on skin, etc. Also, two or more complaints co-existing in one and the same part of body *e. g.*, vertigo and headache. For this you should not consider the rubric ‘Vertigo’ and ‘Headache’ but consider **HEAD—CONGESTION**. Similarly pain, swelling, itching etc. all the three co-existing in leg. For this take the rubric **CONGESTION** in the chapter **GENERALITIES**.

Let us now list below other general symptoms more frequently useful. (Most of the rubrics under **GENERALITIES** in Kent’s Repertory are general symptoms)

Mucous secretions increased (Profuse discharge from coryza or expectoration, constant catarrh of chest. For these, instead of looking under **NOSE** or **CHEST** you must take this rubric)

Appetite: Aversion to or Air, seashore agg.

craving for a particular item Anaemia

of food

Analgesia (If injured or beaten up by others does not feel the pain—insensible to pain.)

Abscess

Air, open, desire for

Anxiety general physical	Convulsions
Bathing, dread of	Convulsive movements
Blackness of external parts	Cyanosis
Caries of bones	Dropsy
Catalepsy	Emotion
Change of weather agg.	Emissions agg.
Chlorosis (complaints that are chronic and dating back to the onset of puberty.)	Exertion, physical agg.
Chlorosis is caused by tuberculosis in the family.	Faintness
When tuberculosis affects lungs we call it <i>phthisis pulmonum</i> . When it affects glands/bones it is called ‘scrofula.’ All chronic diseases dating back to puberty are due to tuberculosis and the term for this is “chlorosis”	Fasting, while: Food, Food, milk agg. } Both these Haemorrhage: } are highest in value
	HEAT, flushes of
	HEAT, sensation of
	HEAVINESS
	HUNGER, from
Coition, after agg.	INDURATIONS
Cold, tendency to take	INFLAMMATION
Color and consistency of discharges.	INJURIES
Constriction	INJURIES, extravasations with
Contradictory and alternating states	IRRITABILITY, excessive physical

IRRITABILITY, lack of	NARCOTICS agg.
JAR, stepping agg.	NECROSIS bones
JERKING	NON-UNION of bones
LASSITUDE	NUMBNESS externally
LEAN people	NURSING children
LEUKAEMIA	OBESITY
LIFTING straining of muscles and tendons, from	OLD age, premature
LOSS of fluids	OLD people
MEASLES, after	ONANISM, from
MENSES, before	PAIN appear gradually
MENSES, at beginning of	PAIN appears gradually and disappear gradually
MENSES, during	PAIN disappear suddenly
MENSES, amel.	PAIN appear suddenly and disappear suddenly
MENSES, after	PAIN appear suddenly and disappear gradually
MERCURY, abuse of	PAIN, bones
METASTASIS	PAIN, boring
MOONLIGHT agg.	PAIN, burning externally
MOTION amel.	PAIN, burning, internally
MOTION at beginning of, agg.	PAIN, constricting externally
MOTION aversion to	PAIN, constricting internally
MOTION continued, amel.	PAIN, drawing
MUCOUS secretions increased	

PAIN, paralytic	SENSITIVENESS, externally
PAIN, paralytic internally	SENSITIVENESS, internally
PAINLESSNESS of complaints usually painful	SENSITIVENESS, to pain
PARALYSIS agitans	SEPTICAEMIA (Blood- Poisoning)
PARALYSIS internally	SEXUAL excesses, after
PARALYSIS organs, of	SHOCKS from injury
PARALYSIS, painless	SHOCKS electric-like
PERIODICITY	SHRIVELLING (dried up curled up)
PERSPIRATION gives no relief	SIDE, symptoms on one side
PERSPIRATION suppression of	SIDE, crosswise, left upper and right lower
PLETHORA	SIDE, left lower and right upper
POLYPUS (Abnormal growth of soft tumour)	SLEEP, before, agg.
PULSE	SLEEP, at beginning of, agg.
QUININE, abuse of	SLEEP, during, agg.
REACTION, lack of	SLEEP, after, agg.
RELAXATION of muscles	SLEEP, long agg.
RIDING in a wagon, or on the cars	SLEEP, loss of, from
ROOM	SLOW repair of broken bones
SCURVY (Nutritional Disease), scorbutus	SYCOSIS
	SYPHILIS

TREMBLING	WAKING, amel.
ULCERS, cancerous	WARM
UNCOVERING agg.	WARM, room agg.
UNDRESSING, after, agg.	WEAKNESS, enervation
VACCINATION, after	WEAKNESS, paralytic
VARICOSE veins	WINE
VOMITING agg.	WINTER, in
VOMITING amel.	WOUNDS, slow to heal, constitutional effects (chronic effects)
WAKING, on	

[See our book Final Repertory of General Symptoms]

Some more general symptoms are: puberty, menopause, complaint in wisdom teeth, teething, pregnancy. (The best time for constitutional treatment for a woman is during pregnancy—James Tyler Kent. See Lectures on Hom. Mat. Med. *Kali-Carb.*) Altered color and consistency of discharges secretions are also general symptoms.

**Case 29:** Ms. Ponnulaxmi, 69 years reports: “Doctor I have pain in back and hips... cannot walk even up to bus stand from home... I have to engage an auto for this...”

(I note down the date on the right-hand top corner of the case sheet. Case Sheet means plain white paper, which you already keep ready, before the patient enters the clinic. On this paper you start writing down one below the other all general, mind and/or uncommon symptoms told by the patient without your interrupting or questioning.

After noting down the date, I ask her name and age and write down this on the case sheet.

To make her talk, I ask a general question. “How long you are having this pain?” She replies, “Doctor, it is not even pain, more of stiffness. I have this for nineteen years.” I ask her about the date of menopause and she replies, “Doctor, it stopped around the 50<sup>th</sup> year and only after this I developed this pain and stiffness.”

I just look over the case sheet. Her complaints started immediately after menopause. For complaints around menopause, before complete cessation of menses, you may go to the rubric Menopause under the chapter Female in Kent’s Repertory. But for long lasting complaints that dates back to menopause the rubric that you should take, is as follows:

**Checked Discharges:** (Suppression of Secretions)

—Suppression of haemorrhage or abandoning habitual depletions: i, Acon., Bell., Chin., Ferr-m., Nux v., Puls., Sulph.; 2, Arn., Aur., Bry., Calc., Carb. v., Graph., Hyos., Lyc., Natr. m., Nitr. ac., Phos., Ran., Rhus, Seneg., Sep., Sil., Spong., Stram. [*See Final Repertory of General Symptoms*]

While I was looking at the above list I was considering whether I can take the rubric ‘old people’ (Under *Generalities* in Kent’s Repertory). At this time she continues, “Doctor... one thing... I have constipation... ineffectual urging and it is incomplete... Also I get the urge to pass urine quickly but if I go and sit I am not able to pass completely. If the bowel movements and urination is free, on those days I am free from the pain and stiffness. So, at least, give me medicine for my bowel movement and scanty urination.

Checking the habitual secretions (stool and urine) also aggravates her condition of back pain and stiffness. For this too, the above rubric is indicated.



She continues, “Doctor, because of pain I do not get good sleep... it is much disturbed.”

Kent’s Repertory: Sleepless:

Keeping this page on my left-hand side and the Final Repertory on my right-hand side I check what all top-grade remedies under Sleeplessness (in Kent) are also found in the list of remedies given against “Suppression of haemorrhage or abandoning habitual depletions.” (in Final Repertory). They are as under:

Bell., Bry., Chin., Hyos., Nux-v., Phos.,  
Puls., Sep., Sil., Sul.

To confirm one out of the above ten remedies, I read them in Lilienthal under Rheumatism. The following words found under Phosphorus made me to select this remedy for the patient.

“Rheumatic stiffness,... especially when coming on in old age; back pains... impending all motion; stiffness of knees...”

The reader may easily recall that the patient said that it was more of stiffness and because of this she could not walk even one furlong and has to sit down.

Phosphorus-1M single dose gave lot of relief. Patient is still under treatment.

I read Phosphorus in Wilkinson’s Mat. Medica and the first sentence was

Emaciation; extreme, rapid; is reduced  
almost to a skeleton.

I looked once again at the patient and found this description exactly fitting her!

## REPERTORY OF SYPHILIS & SCROFULOSIS

### **SYPHILIS:** [From *Kent's Repertory*—Generalities]

Arg-m., *ars.*, **Ars-i.**, *ars-s-f.*, *asaf.*, **Aur.**, **Aur-m.**, **Aur-m-n.**, *bad.*, *benz-ac.*, *calc-i.*, *calc-s.*, *carb-an.*, *carb-v.*, *cinnb.*, *clem.*, *con.*, *cor-r.*, *crot-h.*, *fl-ac.*, *guaj.*, *hep.*, *iod.*, *kali-ar.*, *kali-bi.*, *kali-chl.*, **Kali-i.**, **Kali-s.**, *lach.*, *led.*, **Merc.**, **Merc-c.**, **Merc-i-f.**, **Merc-i-r.**, *mez.*, **Nit-ac.**, *petr.*, *ph-ac.*, *phos.*, **Phyt.**, **Sil.**, *sars.*, *staph.*, **Still.**, *sulph.*, *sul-i.*, **Syph.**, *thuj.*

### **SYPHILIS AND SYCOSIS:** [From *Lilienthal*

*p 1016*]Arg. nit., Arn., Ars., Aur., Asa., Berb., Carb. v., Con., Hep., Kali bi., Kreos., Lach., Lyc., Med., Merc. c., Merc. iod., Merc. sol, Nitr. ac., Phos. ac., Sep., Sil., Sulph., Syph., Thuj., *Passiflora incarnata* needs proving.

—**Primary:** Ars., Merc. cor., Merc. iod., Nitr. ac., Sulph.

—**Secondary and tertiary:** Arg. nit., Ars. iod., Aur., Berb. aquif., Carb. v., Chionanth., Fluor. ac., Hep., Kali bi., Kali iod., Lach., Lyc., Mez., Phos. ac., Phyt., Sep., Stilling, Sulph., Thuj.

—**Sycosis:** Cinnab., Kali bi., Med., Natr. sulph., Petr., Puls., Sars., Staph., Thuj.,

—**Phimosis:** Acon., Arn., Bell., Bry., Calc., Cann., Canth., Caps., Cinnab., Coloc., Hep., Merc., Rhus, Sep., Thuj. **Paraphimosis:** Acon., Arn., Ars., Bell., Coloc., Lach.

—**Syphilitic bubo**, during first stage: Ars. iod., Bell., Bufo, Kali iod., Merc. iod., Merc. nit., Nitr. ac., Sil., Thuj.; after a while: Aur., Bad., Carb. an., Staph., Sulph.; maltreated with mercury, accompanied by violent headache: Carb. an. (back of head), Kali iod., Hep., Phyt. (forehead).

## CONSTITUTIONAL SYPHILIS:

—Syphilodermata: erythematous, papular, ulcerous, degenerative. Roseola and maculae syphilit.; pityriasis and psoriasis syphilit.; pemphigus and rupia (rhypia) syphilit.; impetigo and ecthyma; tubercular syphiloderma; onychia syph.; plaques muqueuses; mercurials, iodine and their preparations: Arg. nit., Ars. iod., Calc. iod. (especially in congenita syphilis), Condurango (tertiary), Dulc., Hep., Kali bi., Lach., Nitr. ac., Phyt., Plat., Petr., Rims, Rum., Sang., Sep., Sil., Staph., Stilling., Sulph., Thuj., etc.

—for squamous syphiloderma: Ars.

—for pustular: Ant-tart., Kali bi.

—for tubercular: Aw., Graph., Lyc.

—bones, affections of, periostitis and nodes: Asa., Ars., Aur. mur., Calc. iod., Fluor. ac., Hecla lava, Kali iod., Merc., Mez., Nitr. ac., Phos. ac., Phyt., Sil., Staph., Stilling., Sulph., Veronica quinquefolia

—Onychia syphilitica: Ars., Fluor. ac., Graph., Hep., Merc., Lyc., Petr.

—Alopecia syphilitica: Hep., Lyc., Nitr. ac., Petr., Phos.

- Condyloma syphilitica: Aur., Caust, Cinnab., Merc., Nitr. ac., Phos. ac., Sabin., Sep., Staph., Thuj.
- iritis syphilitica: Acon., Arn., Ars., Atrop., Bell., Bry., Cham., Cinnab., Colch., Dig., Kali iod., Merc. cor., Nitr. ac., Spig.
- Laryngitis syphilitica: Kali bi., Kali iod., Ars. iod., Podoph., Phos., Hep., Sulph., Viol, trie.
- Infantile syphilis: Calc. carb. and iod., Fer. iod., Hep., Kali iod., Lach., Merc., Mez., Nitr. ac., Phyt., Sang., Thuj., Viol. tric.

**SCROFULOSIS:** 1, Sulph., Calc.; 2, Alnus rub., Asa., Aur., Bad., Bar., Bell., Calc. ars., Calc. carb., Calc. phos., Calc. mur., Cist., Con., Graph., Hep., Hydrast, Iod., Lyc., Merc., Mez., Natr. m., Pinus, Phyt., Rhus, Rumex., Sep., Sil., Stilling., Therid., Thuj., Berb. aquif. (Hale)

- glandular affections: Bar., Bell., Calc., Carb. an., Cist., Clem., Con., Dulc., Graph., Hep., Kali, Lapis, Lyc., Merc., Nitr. ac., Phos., Rhus, Sil., Staph., Sulph.;
- bones, affections of: Asa., Aur., Bell., Calc., Cist., Hep., Merc., Mez., Nitr. ac., Phos., Rhus, Ruta, Sil., Staph., Sulph.;
- potbelliedness of children: Ars., Bar., Bell., Calc., Cina, Lyc., Rhus, Sulph.
- at commencement of disease, when children have **great difficulty in learning to walk:** Bell., Calc., China, Cina, Fer., Lyc., Pinus, Puls., Sil., Sulph.

—**cutaneous affections (scrofuloderмата):** Aur., Bar.,  
Berb. aquif., Calc., Cist., Clem., Con., Dulc., Hep.,  
Lapis, Merc., Mez., Nitr. ac., Ol. Jec., Petr., Ran., Rhus,  
Sil., Sulph.

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# WHY DIFFERENT SCHOOLS OF HOMOEOPATHY?

CLASSICAL HOMOEOPATHY—HAHNEMANNIAN, PURE  
HOMOEOPATHY—SINGLE-REMEDY.

Why this different classifications leading to confusion while everything in homoeo literature is crystal clear, exact and accurate with precision, in down-to-earth language and matter-of-fact way.

I have been practising and teaching homoeopathy for over thirty-eight years and my students have no such confusion and divisions! Following actual cases treated by me (no theory or argument please) would throw some light on the practice of homoeopathy and we hope that there won't be confusion at all.

You want to learn swimming; for this, first of all you get into water; not reading text-books by sitting at home. So also car driving; you are first made to sit on the wheels. If you learn homoeopathy it is an art, not to be studied but learnt!

If you learn (with actual cases treated) under a good teacher, you won't get any confusion and there is no need to enter into divisions and controversies.

**Case 30:** Mr. S. 47 years. He starts, “Doctor, can you give me some homoeo medicine for the pain in my anus?”

Myself: “Okay, tell me about it; how long you have this?” don't put any leading question but just to make him talk till he throws out some ‘uncommon’ symptom.

Patient: “Doctor, it is a big story... I have been going to a few homoeopaths in the city. I am having boil like eruption with swelling near my anus. I went to a homoeopath who said that he would give medicine to abort it and so gave me

Silicea high potency. The swelling and pain reduced. But, after a few weeks it started appearing on yet another nearby place. This homoeopath consulted his senior who said it is better to give Silica-3x, i.e., low potency, to make it suppurate out so that all impurities in the system may be thrown out, so that I may once for all be cured completely and permanently. I took this Silica 3x thrice daily and in a few days it suppurated, opened out and all pus and other things came. Then total relief. I thought that I was cured once for all. But, after a month the same old story; it appeared in yet another place near anus. I now went to the senior homoeopath, who in turn, referred me to the top-most homoeopath who is an eminent practitioner. He listened to me and said that the 'tendency to skin eruption' is to be eradicated and so he gave me one dose of Graphites-10M. This gave lot of relief but after a month I am back to square number one.

Myself: "How long do you have this?" (I ask this to make him talk further.)

Patient: Can I tell you from the beginning?

Myself: Yes, tell me. I have time to listen to you.

Patient: "It all began seven years ago. I first got this skin complaint around my mouth. At that time I took allopathic medicine and got cured(?). One and-a-half year after this it appeared here. (shows the left rib.) As allopathic drugs did not help this time I turned to ayurveda and got cured. A year later it appeared on the right hip. I again took ayurveda and got cured. Two years after this it again appeared, this time, on the left nate above anus and that time I was treated with allopathy and got cured. Now it is around the anus.

A few of what we teach to our students are:

- (a) ‘uncommon’ symptoms (Section 153 of the Organon) may be one (or two, at the most, in any case) only.
- (b) ‘uncommon symptom’ is told by the patient spontaneously and much less is to be inquired into.

In the above case one characteristic is “sides of the body.” (Left or right side aggravation or appearance has the least value among symptoms, but since in this case no other more valuable or uncommon symptom or general symptoms are found, we take this as a matter of exception.)

The complaint first appeared around mouth. Then on left rib—then right hip; from there to left nate above anus. Now, it is in anus.

- (1) Mouth to left rib
- (2) Left rib to right hip—this is upper left to lower right.
- (3) Right hip to left nate—this is upper right to lower left.

The complaint had traveled crosswise, both ways, *i. e.* upper left to lower right and upper right to lower left.

Kent’s Repertory: GENERALITIES... SIDE...

Crosswise, left upper and right lower... 62 remedies...  
left lower and right upper: 57 remedies.

Remedies common to both the two lists are:

Chel., euphr., mur-ac., nux-v., rhus-t.

These five remedies were studied in Boericke’s Med. Med. While doing so the following lines under the remedy *Muriatic Acid* enabled us to confirm it for this case.

“Mouth and anus chiefly affected.”



(The complaint first started in his mouth. Now finally it is in the anus.)

Muriatic Acid-10M single dose was prescribed. He was completely cured and it is now more than twelve years and there is no relapse. Also, he said that weakness felt by him for a very long time also was cured with my prescription and it is only now that he is now in good health and strength.

Some notes on the use of Boericke Materia Medica may not be out of place here.

- (a) After selecting one or a few remedies with the aid of the repertory you may read them in Wilkinson's and/or Lilienthal and/or Boericke to confirm the one remedy (or one of the few remedies) selected by you got through repertory.
- (b) In respect of Boericke Materia Medica we want to say a few things. This is useful to confirm our selection and only the preamble or first para(s) given under each remedy is useful. Also symptoms found under 'Mind' in respect of some remedies. Other things after this such as Head, Eye etc. are not found by us to be useful and so we don't use them. Modalities and Relationship of Remedies given at the end of each remedy is partially useful in some cases. In respect of the latter when the patient is partially cured with one remedy, for follow up, the remedies given under "Remedies follow well" or "Complementary" are quite useful.

In respect of preamble a few more things in Boericke Mat. Med. If your selection of the remedy (with the aid of the repertories) is correct then the symptom or main complaint of the patient would, in most cases, be found.

- a. either in the first sentence; if not
- b. in the second and following sentences, the complaint will either be preceded by an adjective or followed by an adverb.

In the case of Muratic Acid case mentioned above in Boericke we find the adverb: “Mouth and anus *chiefly* affected.”

After selecting one or few remedies with the aid of the repertories we read them in the following one or more Materia Medica in the above list to confirm our selection:

In respect of Knerr we want to say a few things: When a general symptom occurs as a modality or concomitant to another general symptom and if you find a remedy for such a condition in Knerr’s it is like the apex court judgment.

**Case 31:** After finishing my lecture on homoeopathic practice in Bombay to an audience of senior homoeopaths and Professors and Lecturers of homoeopathic colleges, one professor of materia medica asked me whether I can cure his son’s epilepsy with one dose. A meeting was arranged and I ordered the boy to be brought to me along with the mother. On arrival the Professor started talking what all remedies he had tried—Cuprum met., Agaricus etc. etc. being chief remedies for epilepsy.

With a gesture of my hand I asked him to keep quiet and turned to his wife (mother of the patient) to tell me about the boy’s complaints.

She started narrating what all allopathic diagnosis were done, E.E.G. taken etc. Then history of homoeopathic treatment with no relief etc. etc. We do not note down all these things. We have to note down only uncommon, mind and general symptoms. Also family history.

(While the patient talks the practitioner should keep quiet. Any interruption would only break the chain of thought of the narrator... Section... of The Organon)

After the narration was over, after a pause, she leaned forward towards me with wide open eyes, “Doctor, one thing, whenever he sits in the commode for passing bowel movements, he invariably get the convulsions... What is it due to doctor?” At this point the professor interrupted saying that she need not tell all these things as they are of no use.

I took out Knerr’s and fortunately I found the following on page... Therein

During stool, convulsions: Art-v.

Apart from mind symptoms and ‘uncommon symptoms’ equally important are general symptoms. (Generals is different from general symptoms. See Kent’s REPERTORY—Preface etc.)

Mind or uncommon symptom may misguide us; but with ‘general symptoms’ they are sure shot.

One dose of *Artemisia vulgaris*-10M was given and from that day the convulsions started reducing gradually and in a week’s time completely stopped.

[The Professor (without caring on what symptoms I selected the remedy) asked me whether Art-v., is a better remedy for epilepsy! He started giving this remedy thrice daily for all his epilepsy cases!]

Things are exact and crystal clear. But no homoeopathic practitioner seems to be interested in excellent reference works such as Lilienthal, Knerr etc. With the use of the few abovesaid materia medicas and repertories we have no complaint and no wants in homoeopathic practice.

In the above reference books everything is in down-to-earth language and matter of fact way.

As Kent has observed it is rarely the case that we come across a case for which a remedy cannot be found with the aid of the above reference works.

Some additional notes on the fantastic value of Lilienthal may not be out of place here.

A certain patient with several years of pain in abdomen came to us. He has tried various systems and doctors all in vain. There was a herbal specialist in our city who has never failed in respect of abdominal colic cases. But he too failed in this case. We went through all the remedies under Colic in Lilienthal. Under the remedy *Cuprum met.* we found the following words:

“Lack of reaction.”

One dose of this remedy cured the patient completely and permanently. Lilienthal is hundred times worth its weight in gold. Subsequent to this case, whenever a chronic and worse case of colic of years standing come to us after trying various doctors, we first give cuprum and in most cases it gave good result.

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