

Dr A.L.Patil

MD(HOM)

Executive member CCH & Principal & Hospital Suptdnt
Government Homoeopathic Medical college-Bangalore

KALI GROUP STUDY

Behavior of the potassium within our body is very important to understand Kali

Group Study

- ✓ Potassium is found in the cells of Muscles, tendons and Nerves.
- ✓ Potassium in an ionic state is found in higher concentration inside the cell as against the sodium, which is higher in higher concentration outside the cell.
- ✓ Sodium and potassium a very important part in the conduction of impulses by nerve to and from the brain. Whatever we feel through our five senses, whatever action or movements that our body makes depends upon conduction of impulse through these nerves when a stimulus is received.
- ✓ When a nerve is stimulated the voltage gates open, the sodium rushes inside the cell and potassium escapes out of the cell into the extra cellular fluid. This is the basic physiology that helps a nerve to transmit an impulse.
- ✓ The opening of the voltage gates can be fast or slow depending upon how fast the resting membrane potential is converted to action membrane potential.
- ✓ In some, the gates open rapidly and easily and sensation is transmitted quickly so the reaction to the stimulus is also quick. These are fast remedies. In potassium constitutions basically the voltage gates are very fast to open there by making them highly reactive and excitable. So the potassium are fast remedies.
- ✓ On the other hand the presence of calcium, barium and the carbons and the extra cellular fluid makes the gate open very slow thus making these

constitution slow to react to stimulus. These are slow remedies. Here the gates are slow to open and stimulus conduction as well as the reaction is slow.

This causes most kalis to be:

<p>1. Very oversensitive 2. Easily excitable</p>	
<p>3. Easily startled,</p>	<p>STARTING, STARTLED</p> <ul style="list-style-type: none"> - EASILY - FRIGHT, FROM - NOISE, FROM - SLEEP DURING - TOUCHED, WHEN - <i>Sleep falling, on</i> - <i>Waking, on</i>
<p>4. Easily frightened, therefore full of anxiety-</p>	<p>Frightened easily TRIFLES , AT Touch, from</p> <ul style="list-style-type: none"> - Waking on ANXIETY - <i>Fear with</i> - <i>Hungary when</i> - <i>Hypochondriacal</i> - <i>Palpitation with</i> - <i>Respiration difficult, anxious, with</i> - <i>Sleep during</i> - <i>Sleep disturbed with</i> - <i>Stomach arising from</i> - <i>Stomach in</i> - <i>Stool after</i> - <i>Waking on</i>
<p>5. Easily tickled on touch,</p>	<p>TOUCHED AVERSION TO BEING TICKLISHNESS TOUCH AGG.</p> <ul style="list-style-type: none"> - FEET, OF - SLIGHT
<p>6. Easily angered</p>	
<p>7. High strung and aggressive and therefore quarrelsome</p>	<p>Quarrelsomeness scolding</p> <ul style="list-style-type: none"> - Family, with his or her

RUBRICS RELATED TO KALI GROUP

- RUBRICS RELATING TO BEHAVIOR WITH FAMILY

- ✓ Aversion family members to - Kali Carb, Kali Phos
 - ✓ Abusive insulting family and children to - Kali Iod
 - ✓ Cruelty, brutality, inhumanity family to her - Kali Phos
 - ✓ Delusions danger family from his - Kali Brom
 - ✓ Irritability family to her - Kali Iod, Kali Ferro
 - ✓ Quarrelsomeness, scolding family with his or her - Klai Carb, Kali Mur, Kali Phos
 - ✓ Unfeeling , hard hanted family with his - Kali iod
- **RUBRICS RELATING TO BEHAVIOR WITH CHILDREN**
 - ✓ Impatience children with - Kali Carb
 - ✓ Indifference apathy children to her - Kali Iod
 - ✓ Irritability children towards - Kali Iod
 - ✓ Aversion to see her child from sadness - Kali Iod
- **ABOUT FATHER**
 - ✓ Dreams bitten, being father by - Kali Carb.
- **WITH MOTHER**
 - ✓ Clinging children, take the hand of mother, will always - Kali Carb
 - ✓ Fear alone, of being child wants mother to hold her hands - Kali Carb
- **WITH FRIENDS**
 - ✓ Aversion friends to - Kali Mur
 - ✓ Consolation agg. Friendly advice - Kali Carb
 - ✓ Recognize does not friends - Kali Brom.

- ✓ Suspiciousness, Friends to - Kali Ars.
- ✓ Violence, vehemence, friends to his – Kali Ars

● **AVERSIONS**

- ✓ Answer aversion to - Kali Ars, Kali Phos, caust
- ✓ Avesion friends to – Kali Mur
- ✓ Aversion herself to – Kali Phos
- ✓ Aversion husband to – Kali Carb, Kali Phos
- ✓ Aversion society – Kali Carb
- ✓ Bed aversion to shuns – Caust, Kali Ars.
- ✓ Company aversion to – Kali Bich, Kali Brom, Kali Carb, Kali Iod, Kali Phos
- ✓ Company aversion to yet dreads being alone – Kali Brom
- ✓ Fear alone, of being company, with aversion to, yet fears to be alone – Kali Brom
- ✓ Indifference, apathy work, with aversion to- Kali Mur
- ✓ Touched aversion of being – Caust, Kali Carb, Kali Ferro, Kali Iod.

SALTS OF KALI

- KALI - CARBONICUM
- KALI - ARSENICUM
- KALI - IODATUM
- KALI - MURATICUM
- KALI - PHOSPHORICUM
- KALI - BROMATUM
- KALI - BICHROMICUM
- CAUSTICUM

KALI – CARBONICUM

Three characteristics ideally contribute the character of kali:

- ✓ TIMIDITY
- ✓ ANGER
- ✓ OVERSENSITIVE

IN THE CLINIC WHEN OF THINK OF KALI:

- 1) *People whose whole body talks*
- 2) *Anxiety*
 - ❖ About health

❖ Tone of the talk – compare with Calcarea, Phosphorus, China and Kali Ars.

3) Impatience

4) Timid

5) Anger – People who get angry easily

6) People who have less attachment and concern for their family but more for their safety.

7) People who have puffy upper eyelids.

8) People who complain of pulsation all over body especially toes and fingers.

9) People who have lax fibers and are fat and obese.

10) Like all carbons eating aggravates.

❖ Eating causes sleepiness

❖ Eating causes yawning

❖ Eating causes palpitations

❖ Eating causes weakness and prostration

❖ Eating causes anxiety and fear

❖ Eating causes vertigo, headaches

❖ Eating causes fullness in stomach, backache, perspiration.

11) Periodicity

Night 3 a.m to 4 a.m aggravation of most complaints like asthma, sciatica is one of the strong indication for all kalis in general and kali carb in particular.

ENTERY POINT FOR KALIS IN SHORT:

- ✓ Right sided complaints.
- ✓ TIMID, frightened easily, startled easily.
- ✓ ANGRY
- ✓ OVERSENSITIVE
- ✓ QUARRELSOMENESS
- ✓ Antagonism with family/ Aversion to family.
- ✓ < 3 a.m to 5 a.m periodicity.

MIASMATIC REFLECTIONS OF KALIS:

KALI CARB

PSORIC KALI CARB

- ✓ Easily **ANXIOUS, FRIGHTENED**
- ✓ Easy **IRRITABILITY, ANGER**
- ✓ Easy **QUARELSOMENESS**
- ✓ Easily **STARTLED = TIMID**
- ✓ Easily worried tense, **fearful of disease**
- ✓ Easily **TICKLED**
- ✓ Easily Shrieking
- ✓ Easily revolting
- ✓ Easily discontented, sad, sullen
- ✓ Easily tiredness, perspiration

EASY EXCITEMENT

SYCOTIC KALI CARB

- ✓ A\F Mental fatigue
- ✓ Difficult remembering
- ✓ Sad, Discontented
- ✓ Weak back muscles, easy sprains

- ✓ Weak circulation
- ✓ Difficult urine
- ✓ Difficult stool
- ✓ Difficult breathing
- ✓ Difficult Hawking
- ✓ Difficult menses

DIFFICULT

WEAK MUSCLE ACTIVITY

SYPHILITIC KALI CARB

- ✓ Excessive anger; easy quarrelsome
- ✓ Excessively anxious, frightened, startled
- ✓ Excessive worried, tense
- ✓ Excessive tickled
- ✓ Excessive shrieking

HYSTERICAL EXCITEMENT

- ✓ Easily revolting
- ✓ Easily discontented, sad, sullen
- ✓ Easy urine (involuntary cough during)

How kali carb presents:

- ***Anxious ladies who expect quick results and pester the physicians with too many questions.***

- *Those who are not easily satisfied with the treatment and go on complaining anxiously*
- *They quarrel and demand from physicians but do not leave the physician.*
- *People who are too much worried about health.*
- *People who startle easily.*
- *Children who get tickled easily and do not allow any touch on soles.*
- *Children who though fearful – do not like to be carried in fear of being tickled.*
- *People, who are sad when they are ill and moan, groan, become impatient and irritable.*
- *Menses too much delayed by months.*

KALI ARSENICOSUM

IN THE CLINIC WE THINK OF KALI ARS WHEN WE SEE.

- ~~People who when ill, only think about their illness, and become completely indifferent to daily activities.~~
- People who complain small small things.
- People who never get satisfied with explanations and go on asking questions.
- People who become sad easily when they are ill.
- People who get 3 a.m < and after midnight <.
- People who suddenly get up in the middle of the night and anguish and panic grips them.

RESUME

THE TRIAD OF KALI-ARS

ANXIETY
HEALTH

SADNESS ABOUT
HEALTH
INDIFFERENCE TO
FAMILY AND
EVERYTHING ELSE

3AM
AGGRAVATION

KALI PHOSPHORICUM

RESUME

THE TRIAD OF KALI PHOS

**MENTL EXERTION
AGGRAVATION**

- Worn out bussinessman
- Worn out housewife
- Worn out schoolgirls and boys

OFFENSIVE DISCHARGES

Putrid, Cadaverous,
offensive discharger from
E.N.T, Menses, l
eucorrhoea and even
blood.

**CONSOLTION
AGGRAVATION**

KALI BROMIUM

RESUME

THE TRIAD OF KALI BROM

FIDGETINESS of
fingers and
hands

SEX complaints
INDIFFERENCE
SADNESS WITH

INCONSTANCY

KALI BICHROMICUM

RESUME

THE TRIAD OF KALI BICHROMICUM

STRINGINESS OF
DISCHARGES
ROPY SALIVA
Plug like discharges

-SPOTTY PAINS
- CIRCULAR
-PUNCHED
OUT ULCERS

ALTERNATING STATES
-Rheumatism with gastritis
-Rheumatish with
pulmonary complaints
-Headache with loss of
vision

CAUSTICUM

RESUME

TRIAD OF CAUSTICUM

Rebellious, Defiant,
Anarchist, Disposition
to Contradict

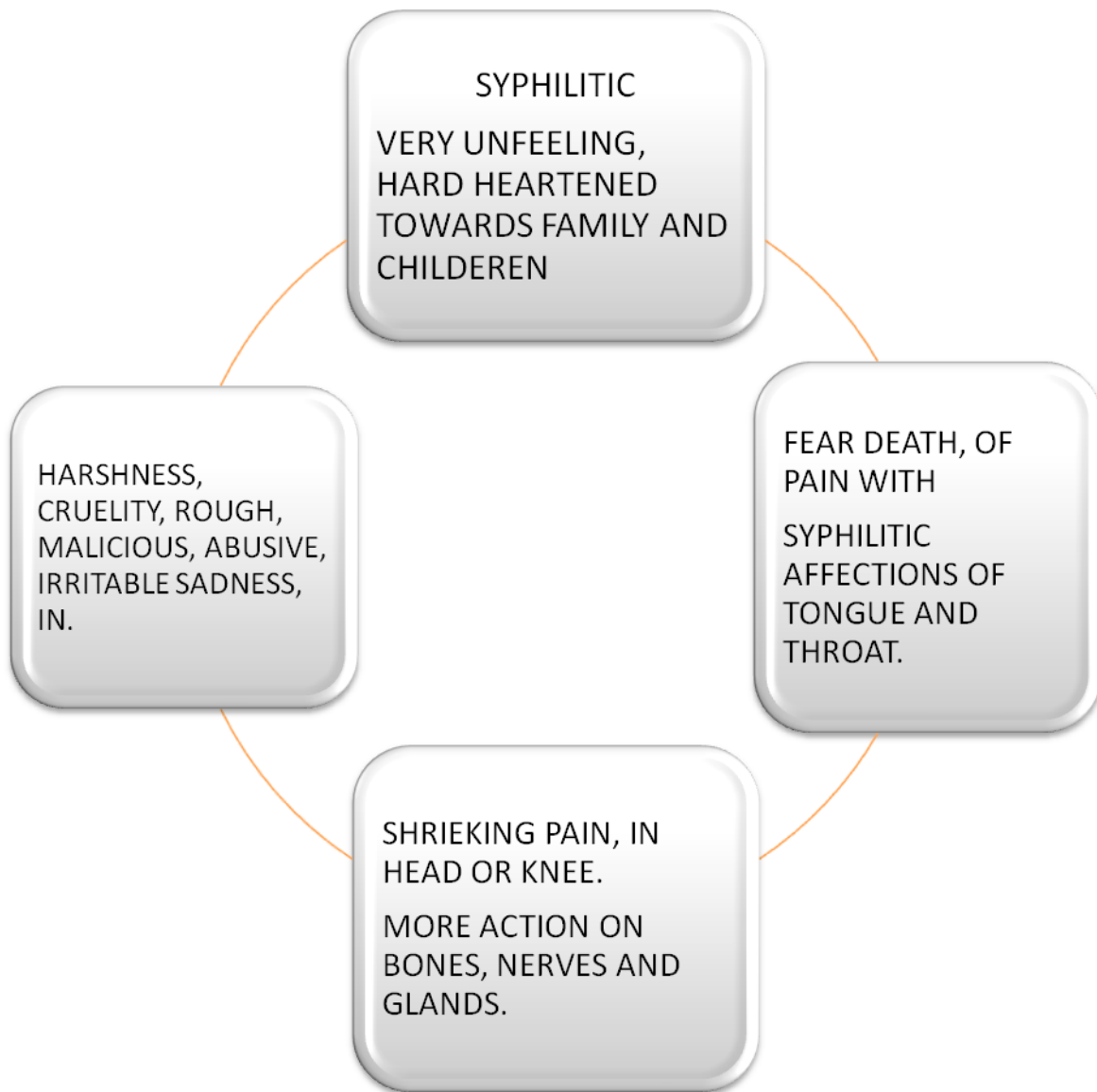
Ardent, Positive,
Sympathetic

> Cloudy wheather
< Clear fine wheather
> Drinking
<Eating

KALI IODATUM

RESUME

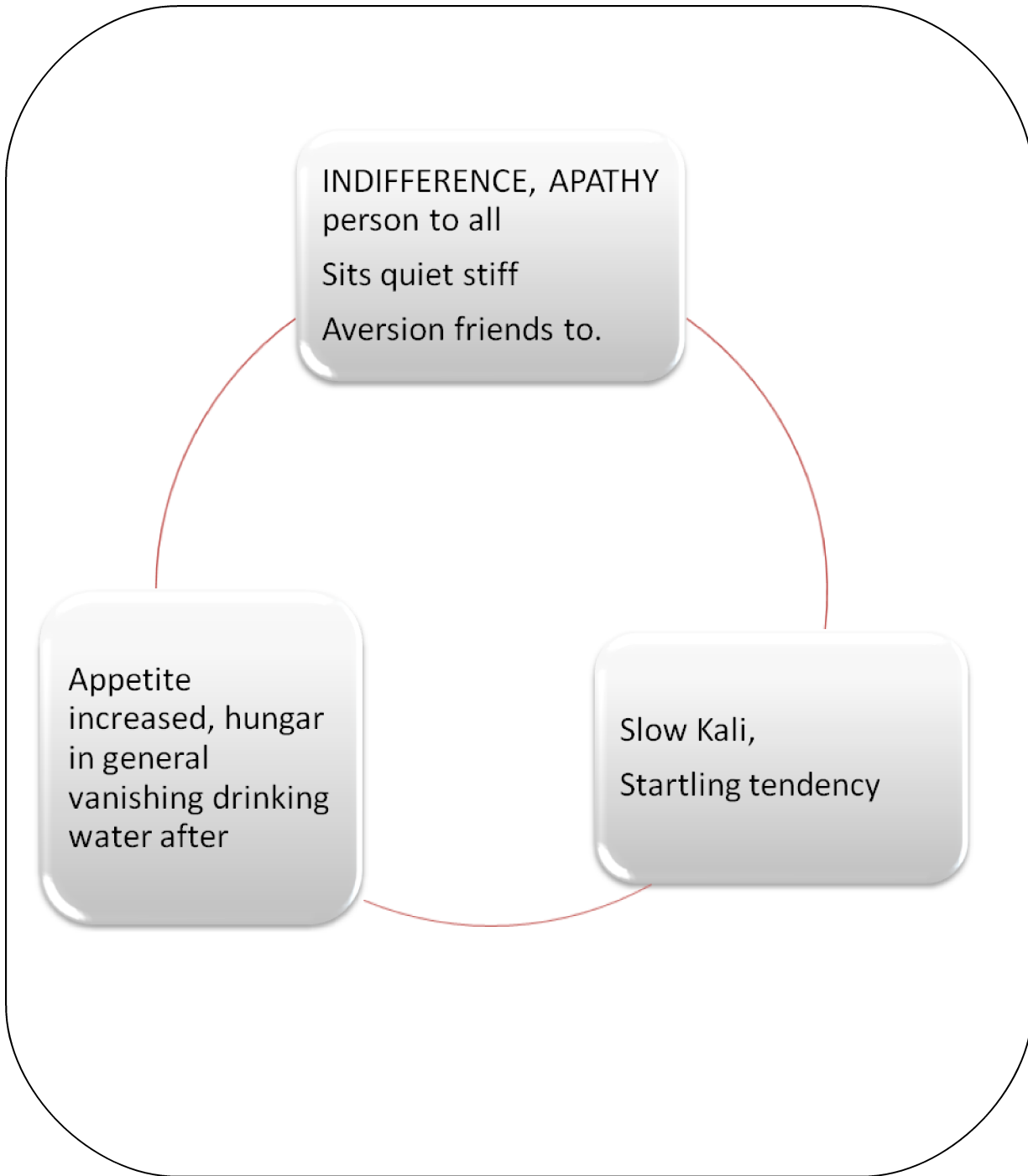
THE TRIAD OF KALI IODATUM



KALI MURIATICUM

RESUME

THE TRIAD OF KALI MURIATICUM



THE MIASMS OF KALI GROUP

PSORIC	SYCOTIC	SYPHILITIS
<i>KALI - CARB</i>	<i>KALI - PHOS</i>	<i>KALI - ARS</i>
<i>KALI - MUR</i>	<i>KALI - CARB</i>	<i>KALI - BROM</i>

	<i>KALI - MUR CAUSTICUM</i>	<i>KALI - IOD CAUSTICUM</i>
--	--	--